

Frequency	Usage
127.9500	Accomack County Airport KMFV NHK App/Dep
127.0000	Accomack County Airport KMFV PTC App/Dep (When NHK Closed)
281.4750	Accomack County Airport KMFV PTC App/Dep (When NHK Closed)
122.8000	Accomack County Airport KMFV UNICOM
118.1750	Accomack County Airport KMFV WX AWOS-3
119.2250	Allan Perkinson/Blackstone Army Air Field KBKT ATIS
127.6250	Allan Perkinson/Blackstone Army Air Field KBKT Ground
34.1000	Allan Perkinson/Blackstone Army Air Field KBKT Range Control
36.1000	Allan Perkinson/Blackstone Army Air Field KBKT Range Control
134.7000	Allan Perkinson/Blackstone Army Air Field KBKT Tower
292.7000	Allan Perkinson/Blackstone Army Air Field KBKT Tower
118.7500	Allan Perkinson/Blackstone Army Air Field KBKT ZDC App/Dep
377.1000	Allan Perkinson/Blackstone Army Air Field KBKT ZDC App/Dep
122.7000	Blue Ridge Airport KMTV FBO Blue Ridge
124.3500	Blue Ridge Airport KMTV GSO App/Dep
124.8500	Blue Ridge Airport KMTV GSO App/Dep
122.7000	Blue Ridge Airport KMTV UNICOM
118.4500	Blue Ridge Airport KMTV WX AWOS-3
132.8500	Bridgewater Air Park KVBW PTC App/Dep
122.7000	Bridgewater Air Park KVBW UNICOM
119.5500	Bridgewater Air Park KVBW WX AWOS-3
125.4750	Brookneal/Campbell County Airport 0V4 ROA App/Dep E
135.0000	Brookneal/Campbell County Airport 0V4 ROA App/Dep W
122.7000	Brookneal/Campbell County Airport 0V4 UNICOM
120.5750	Brookneal/Campbell County Airport 0V4 WX AWOS-3
122.8000	Brunswick County Airport KLV L UNICOM
119.6250	Brunswick County Airport KLV L WX AWOS-3
118.7500	Brunswick County Airport KLV L ZDC App/Dep

377.1000	Brunswick County Airport KLV L ZDC App/Dep
122.9000	Campbell Field Airport 9VG UNICOM
118.4250	Charlottesville-Albemarle Airport KCHO ATIS
129.6250	Charlottesville-Albemarle Airport KCHO FBO Signature Aviation
121.9000	Charlottesville-Albemarle Airport KCHO Ground
338.2750	Charlottesville-Albemarle Airport KCHO Ground
120.5250	Charlottesville-Albemarle Airport KCHO PTC App/Dep
132.8500	Charlottesville-Albemarle Airport KCHO PTC App/Dep
124.5000	Charlottesville-Albemarle Airport KCHO Tower
338.2750	Charlottesville-Albemarle Airport KCHO Tower
122.9500	Charlottesville-Albemarle Airport KCHO UNICOM
122.9000	Chase City Municipal Airport KCXE UNICOM
121.2250	Chase City Municipal Airport KCXE WX AWOS-3
118.7500	Chase City Municipal Airport KCXE ZDC App/Dep
377.1000	Chase City Municipal Airport KCXE ZDC App/Dep
123.0750	Chesapeake Regional Airport KCPK FBO Horizon Aviation Services
118.9000	Chesapeake Regional Airport KCPK ORF App/Dep
125.2000	Chesapeake Regional Airport KCPK ORF App/Dep
135.0750	Chesapeake Regional Airport KCPK ORF GCO
123.0750	Chesapeake Regional Airport KCPK UNICOM
123.6750	Chesapeake Regional Airport KCPK WX AWOS-3
122.8000	Crewe Municipal Airport W81 UNICOM
119.0500	Crewe Municipal Airport W81 WX AWOS-3
118.7500	Crewe Municipal Airport W81 ZDC App/Dep
377.1000	Crewe Municipal Airport W81 ZDC App/Dep
121.6000	Culpeper Regional Airport KCJR Clearance
128.5250	Culpeper Regional Airport KCJR PTC App/Dep
123.0750	Culpeper Regional Airport KCJR UNICOM
119.3250	Culpeper Regional Airport KCJR WX AWOS-3

123.0500	Danville Regional Airport KDAN FBO AU Aviation
123.0500	Danville Regional Airport KDAN UNICOM
128.1250	Danville Regional Airport KDAN WX ASOS
124.0500	Danville Regional Airport KDAN ZDC App/Dep
352.0000	Danville Regional Airport KDAN ZDC App/Dep
118.8500	Davison AAF KDAA ASR/PAR
119.9500	Davison AAF KDAA ASR/PAR
248.5000	Davison AAF KDAA ASR/PAR
265.6000	Davison AAF KDAA ASR/PAR
128.1750	Davison AAF KDAA ATIS
351.8000	Davison AAF KDAA Clearance
121.9000	Davison AAF KDAA Ground
351.8000	Davison AAF KDAA Ground
34.1000	Davison AAF KDAA Ops
118.9500	Davison AAF KDAA POT App/Dep
124.7000	Davison AAF KDAA POT App/Dep
139.4000	Davison AAF KDAA PTD
124.2750	Davison AAF KDAA Tower
229.4000	Davison AAF KDAA Tower
241.0000	Davison AAF KDAA Tower
52.7500	Davison AAF KDAA VArNG Ops
132.8500	Eagle's Next Airport W13 PTC App/Dep
123.0500	Eagle's Next Airport W13 UNICOM
118.6250	Eagle's Next Airport W13 WX AWOS-3PT
123.0000	Emporia-Greensville Regional Airport KEMV UNICOM
124.1750	Emporia-Greensville Regional Airport KEMV WX AWOS-3
132.0250	Emporia-Greensville Regional Airport KEMV ZDC App/Dep
290.4250	Emporia-Greensville Regional Airport KEMV ZDC App/Dep
125.4750	Falwell Airport W24 ROA App/Dep E

135.0000	Falwell Airport W24 ROA App/Dep W
123.0000	Falwell Airport W24 UNICOM
135.0000	Farmville Regional Airport KVVX ROA App/Dep
254.3200	Farmville Regional Airport KVVX ROA App/Dep
122.8000	Farmville Regional Airport KVVX UNICOM
132.7250	Farmville Regional Airport KVVX WX AWOS-3
38.4000	Felker Army Air Field KFAF Advisory
134.1000	Felker Army Air Field KFAF Base Ops
121.3500	Felker Army Air Field KFAF Ground
229.4000	Felker Army Air Field KFAF Ground
38.7000	Felker Army Air Field KFAF Ops
40.3500	Felker Army Air Field KFAF Ops
142.2000	Felker Army Air Field KFAF Ops
255.7000	Felker Army Air Field KFAF Ops
125.7000	Felker Army Air Field KFAF ORF App/Dep
134.1000	Felker Army Air Field KFAF PMSV METRO
126.3000	Felker Army Air Field KFAF Tower
269.2500	Felker Army Air Field KFAF Tower
127.9000	Franklin Regional Airport KFKN ORF App/Dep
122.8000	Franklin Regional Airport KFKN UNICOM
124.6750	Franklin Regional Airport KFKN WX AWOS-3PT
120.4500	Front Royal-Warren County Airport KFRR PTC App/Dep
123.0000	Front Royal-Warren County Airport KFRR UNICOM
121.8500	Front Royal-Warren County Airport KFRR WX AWOS-3
122.1000	Gordonsville Municipal Airport KGVE JYO App/Dep (Receive)
115.6000	Gordonsville Municipal Airport KGVE JYO App/Dep (Transmit)
132.8500	Gordonsville Municipal Airport KGVE PTC App/Dep
123.0000	Gordonsville Municipal Airport KGVE UNICOM
120.2250	Gordonsville Municipal Airport KGVE WX AWOS-3

118.9000	Hampton Roads Executive Airport KPVG ORF App/Dep
125.2000	Hampton Roads Executive Airport KPVG ORF App/Dep
122.7250	Hampton Roads Executive Airport KPVG UNICOM
118.3750	Hampton Roads Executive Airport KPVG WX AWOS-3PT
125.4000	Hanover County Municipal Airport KOFP Clearance
122.7000	Hanover County Municipal Airport KOFP FBO HOVA Flight Services
118.2000	Hanover County Municipal Airport KOFP PTC App/Dep
307.2000	Hanover County Municipal Airport KOFP PTC App/Dep
126.4000	Hanover County Municipal Airport KOFP PTC App/Dep N-S
126.7500	Hanover County Municipal Airport KOFP PTC App/Dep S-N
122.7000	Hanover County Municipal Airport KOFP UNICOM
119.0250	Hanover County Municipal Airport KOFP WX ASOS
126.0500	Hummel Fiel Airport W75 ORF App/Dep
123.0000	Hummel Fiel Airport W75 UNICOM
118.4500	Hummel Fiel Airport W75 WX AWOS-3
123.0000	Ingalls Field Airport KHSP UNICOM
118.8000	Ingalls Field Airport KHSP WX AWOS-3
134.4000	Ingalls Field Airport KHSP ZDC App/Dep
353.9000	Ingalls Field Airport KHSP ZDC App/Dep
317.8000	Joint Base Langley-Eustis A2A 1st FW
319.3250	Joint Base Langley-Eustis A2A 1st FW
225.6500	Joint Base Langley-Eustis KLFI 1st FW A2A
228.1750	Joint Base Langley-Eustis KLFI 1st FW A2A
228.4500	Joint Base Langley-Eustis KLFI 1st FW A2A
233.5250	Joint Base Langley-Eustis KLFI 1st FW A2A
236.0250	Joint Base Langley-Eustis KLFI 1st FW A2A
238.8250	Joint Base Langley-Eustis KLFI 1st FW A2A
252.7750	Joint Base Langley-Eustis KLFI 1st FW A2A
254.2000	Joint Base Langley-Eustis KLFI 1st FW A2A

257.0750	Joint Base Langley-Eustis KLFI 1st FW A2A
262.0250	Joint Base Langley-Eustis KLFI 1st FW A2A
276.6750	Joint Base Langley-Eustis KLFI 1st FW A2A
285.1500	Joint Base Langley-Eustis KLFI 1st FW A2A
296.2000	Joint Base Langley-Eustis KLFI 1st FW A2A
315.8500	Joint Base Langley-Eustis KLFI 1st FW A2A
358.8500	Joint Base Langley-Eustis KLFI 1st FW A2A
359.2250	Joint Base Langley-Eustis KLFI 1st FW A2A
360.1500	Joint Base Langley-Eustis KLFI 1st FW A2A
363.9000	Joint Base Langley-Eustis KLFI 1st FW A2A
381.1000	Joint Base Langley-Eustis KLFI 1st FW A2A
381.8000	Joint Base Langley-Eustis KLFI 1st FW A2A
383.9000	Joint Base Langley-Eustis KLFI 1st FW A2A
389.1000	Joint Base Langley-Eustis KLFI 1st FW A2A
251.2500	Joint Base Langley-Eustis KLFI 1st FW Command Post
141.7500	Joint Base Langley-Eustis KLFI 1st FW Dispatch
142.3000	Joint Base Langley-Eustis KLFI 1st FW PTD
383.2000	Joint Base Langley-Eustis KLFI 1st FW SOF
364.1250	Joint Base Langley-Eustis KLFI 1st FW SPAD Ops
341.8000	Joint Base Langley-Eustis KLFI 1st FW/27th FS Ops
122.9000	Joint Base Langley-Eustis KLFI Approach
395.0000	Joint Base Langley-Eustis KLFI Approach
270.1000	Joint Base Langley-Eustis KLFI ATIS
253.2000	Joint Base Langley-Eustis KLFI Big Eye Blue Discrete
351.0000	Joint Base Langley-Eustis KLFI Bull Operations
118.8500	Joint Base Langley-Eustis KLFI Clearance
257.6250	Joint Base Langley-Eustis KLFI Clearance Delivery
344.8000	Joint Base Langley-Eustis KLFI Command Post
335.9500	Joint Base Langley-Eustis KLFI Darkstar E3B Discrete

271.3000	Joint Base Langley-Eustis KLFI Departure
121.7000	Joint Base Langley-Eustis KLFI Ground
275.8000	Joint Base Langley-Eustis KLFI Ground
357.1000	Joint Base Langley-Eustis KLFI Iron Operations
123.3750	Joint Base Langley-Eustis KLFI NASA Ops
310.4000	Joint Base Langley-Eustis KLFI NASA Ops
126.0500	Joint Base Langley-Eustis KLFI ORF App/Dep NE-E
124.9000	Joint Base Langley-Eustis KLFI ORF App/Dep NW-NE
125.7000	Joint Base Langley-Eustis KLFI ORF App/Dep NW-NE
127.9000	Joint Base Langley-Eustis KLFI ORF App/Dep S-NW
239.8000	Joint Base Langley-Eustis KLFI PMSV METRO
376.2000	Joint Base Langley-Eustis KLFI PTD
120.3000	Joint Base Langley-Eustis KLFI Radar
127.6000	Joint Base Langley-Eustis KLFI Radar
284.0000	Joint Base Langley-Eustis KLFI Radar
295.7000	Joint Base Langley-Eustis KLFI Radar
390.8000	Joint Base Langley-Eustis KLFI Radar
287.4500	Joint Base Langley-Eustis KLFI Raymond 16
384.7000	Joint Base Langley-Eustis KLFI SOF
125.0000	Joint Base Langley-Eustis KLFI Tower
236.6000	Joint Base Langley-Eustis KLFI Tower
253.5000	Joint Base Langley-Eustis KLFI Tower
271.8000	Joint Base Langley-Eustis KLFI Weather
126.7500	Lake Anna Airport 7W4 PTC App/Dep
307.2000	Lake Anna Airport 7W4 PTC App/Dep
122.9000	Lake Anna Airport 7W4 UNICOM
120.7750	Lake Anna Airport 7W4 WX AWOS-3
122.9000	Lake County Regional Airport W63 UNICOM
118.2250	Lake County Regional Airport W63 WX AWOS-3

118.7500	Lake County Regional Airport W63 ZDC App/Dep
377.1000	Lake County Regional Airport W63 ZDC App/Dep
127.5500	Lee County Airport OVG ATL App/Dep
269.5000	Lee County Airport OVG ATL App/Dep
122.9000	Lee County Airport OVG UNICOM
120.1250	Lee County Airport OVG WX AWOS-3
118.5500	Leesburg Executive Airport KJYO Clearance
131.2000	Leesburg Executive Airport KJYO FBO Kuhn Jet Center
120.5000	Leesburg Executive Airport KJYO Ground (0900-1900)
125.0500	Leesburg Executive Airport KJYO PTC App/Dep
127.5000	Leesburg Executive Airport KJYO Tower (0900-1900)
122.9750	Leesburg Executive Airport KJYO UNICOM
125.2250	Leesburg Executive Airport KJYO WX AWOS-3
126.5750	Lonesome Pin Airport KLNP IND App/Dep
257.8500	Lonesome Pin Airport KLNP IND App/Dep
123.0000	Lonesome Pin Airport KLNP UNICOM
118.6000	Lonesome Pin Airport KLNP WX AWOS-3
120.5250	Louisa County Airport/Freeman Field KLUK PTC App/Dep
132.8500	Louisa County Airport/Freeman Field KLUK PTC App/Dep
122.9750	Louisa County Airport/Freeman Field KLUK UNICOM
119.4750	Louisa County Airport/Freeman Field KLUK WX AWOS-3
122.7000	Lunenburg County Airport W31 UNICOM
123.8750	Lunenburg County Airport W31 WX AWOS-3
118.7500	Lunenburg County Airport W31 ZDC App/Dep
377.1000	Lunenburg County Airport W31 ZDC App/Dep
122.8000	Luray Caverns Airport KLUA UNICOM
118.2750	Luray Caverns Airport KLUA WX AWOS-3
133.2000	Luray Caverns Airport KLUA ZDC App/Dep
282.2000	Luray Caverns Airport KLUA ZDC App/Dep

119.8000	Lynchburg Regional Airport/Preston Glenn Field KLYH ATIS
122.9500	Lynchburg Regional Airport/Preston Glenn Field KLYH FBO Freedom Aviation
121.9000	Lynchburg Regional Airport/Preston Glenn Field KLYH Ground (0630-2230)
125.4750	Lynchburg Regional Airport/Preston Glenn Field KLYH ROA App/Dep E
135.0000	Lynchburg Regional Airport/Preston Glenn Field KLYH ROA App/Dep W
127.6500	Lynchburg Regional Airport/Preston Glenn Field KLYH Tower (0630-2230)
257.8000	Lynchburg Regional Airport/Preston Glenn Field KLYH Tower (0630-2230)
122.9500	Lynchburg Regional Airport/Preston Glenn Field KLYH UNICOM
122.8000	Mecklenburg-Brunswick Regional Airport KAVC UNICOM
127.5250	Mecklenburg-Brunswick Regional Airport KAVC WX AWOS-3
118.7500	Mecklenburg-Brunswick Regional Airport KAVC ZDC App/Dep
377.1000	Mecklenburg-Brunswick Regional Airport KAVC ZDC App/Dep
126.4000	Middle Peninsula Regional Airport KFYJ PTC App/Dep
126.7500	Middle Peninsula Regional Airport KFYJ PTC App/Dep
123.0000	Middle Peninsula Regional Airport KFYJ UNICOM
132.8250	Middle Peninsula Regional Airport KFYJ WX AWOS-3
127.8500	Mountain Empire Airport KMKJ ATL App/Dep
269.3000	Mountain Empire Airport KMKJ ATL App/Dep
122.7000	Mountain Empire Airport KMKJ UNICOM
123.8750	Mountain Empire Airport KMKJ WX AWOS-3
126.4000	New Kent County Airport W96 PTC App/Dep
122.8000	New Kent County Airport W96 UNICOM
119.8750	New Kent County Airport W96 WX AWOS-3
135.0000	New London Airport W90 ROA App/Dep
122.8000	New London Airport W90 UNICOM
122.8000	New Market Airport 8W2 UNICOM
118.1750	New Market Airport 8W2 WX AWOS-3
133.2000	New Market Airport 8W2 ZDC App/Dep
282.2000	New Market Airport 8W2 ZDC App/Dep

121.7000	New River Valley Airport KPSK Clearance
126.0000	New River Valley Airport KPSK ROA App/Dep
122.7000	New River Valley Airport KPSK UNICOM
127.3750	New River Valley Airport KPSK WX AWOS-3
128.6500	Newport News/Williamsburg International Airport KPHF ATIS
121.6500	Newport News/Williamsburg International Airport KPHF Clearance
225.4000	Newport News/Williamsburg International Airport KPHF Clearance
122.9500	Newport News/Williamsburg International Airport KPHF FBO Atlantic Aviation
122.9500	Newport News/Williamsburg International Airport KPHF FBO Rick Aviation
121.9000	Newport News/Williamsburg International Airport KPHF Ground
345.6000	Newport News/Williamsburg International Airport KPHF Ground
125.7000	Newport News/Williamsburg International Airport KPHF ORF Approach
124.9000	Newport News/Williamsburg International Airport KPHF ORF Departure
118.7000	Newport News/Williamsburg International Airport KPHF Tower
257.9000	Newport News/Williamsburg International Airport KPHF Tower
348.6000	Newport News/Williamsburg International Airport KPHF Tower
122.9500	Newport News/Williamsburg International Airport KPHF UNICOM
126.0500	Norfolk International Airport KORF App/Dep
127.9000	Norfolk International Airport KORF App/Dep
360.6000	Norfolk International Airport KORF App/Dep
370.9250	Norfolk International Airport KORF App/Dep
118.9000	Norfolk International Airport KORF Approach
335.6250	Norfolk International Airport KORF Approach
353.7000	Norfolk International Airport KORF Approach
127.1500	Norfolk International Airport KORF ATIS
118.5000	Norfolk International Airport KORF Clearance
125.2000	Norfolk International Airport KORF Departure
363.1250	Norfolk International Airport KORF Departure
379.1000	Norfolk International Airport KORF Departure

130.5750	Norfolk International Airport KORF FBO Signature Aviation
121.9000	Norfolk International Airport KORF Ground
119.6000	Norfolk International Airport KORF Radar
124.8250	Norfolk International Airport KORF Radar
266.8000	Norfolk International Airport KORF Radar
288.3000	Norfolk International Airport KORF Radar
130.4750	Norfolk International Airport KORF Southwestern Airlines
120.8000	Norfolk International Airport KORF Tower
257.8000	Norfolk International Airport KORF Tower
130.6500	Norfolk Naval Station KNGU AMC/ATOC
349.5000	Norfolk Naval Station KNGU AMC/ATOC
335.6250	Norfolk Naval Station KNGU Approach/Departure
118.4250	Norfolk Naval Station KNGU ATIS
338.2250	Norfolk Naval Station KNGU ATIS
126.2000	Norfolk Naval Station KNGU Base Ops
131.5250	Norfolk Naval Station KNGU Base Ops
268.8000	Norfolk Naval Station KNGU Base Ops/VIP Notification
120.7000	Norfolk Naval Station KNGU Clearance
339.8000	Norfolk Naval Station KNGU Clearance
121.8000	Norfolk Naval Station KNGU Ground
298.9500	Norfolk Naval Station KNGU Ground
370.8500	Norfolk Naval Station KNGU Ground
298.9500	Norfolk Naval Station KNGU Helicopter Ground
279.6000	Norfolk Naval Station KNGU Helicopter Tower
297.5000	Norfolk Naval Station KNGU Helicopter Tower
118.9000	Norfolk Naval Station KNGU ORF Approach NE-NW
125.7000	Norfolk Naval Station KNGU ORF Approach NW-NE
125.7000	Norfolk Naval Station KNGU ORF Departure NW-NE
271.6000	Norfolk Naval Station KNGU PMSV METRO

119.2000	Norfolk Naval Station KNGU RADAR
120.2000	Norfolk Naval Station KNGU RADAR
134.1000	Norfolk Naval Station KNGU Radar
263.6000	Norfolk Naval Station KNGU Radar
279.5250	Norfolk Naval Station KNGU Radar
302.0000	Norfolk Naval Station KNGU Radar
309.2000	Norfolk Naval Station KNGU Radar
322.5250	Norfolk Naval Station KNGU Radar
335.8000	Norfolk Naval Station KNGU Radar
346.8000	Norfolk Naval Station KNGU Radar
124.3000	Norfolk Naval Station KNGU Tower
126.3750	Norfolk Naval Station KNGU Tower
257.9750	Norfolk Naval Station KNGU Tower
290.5000	Norfolk Naval Station KNGU Tower
379.1500	Norfolk Naval Station KNGU Tower
123.9000	Oceana Naval Air Station KNTU App/Dep
266.8000	Oceana Naval Air Station KNTU App/Dep
317.6000	Oceana Naval Air Station KNTU ATIS
284.9000	Oceana Naval Air Station KNTU Base Ops
289.4000	Oceana Naval Air Station KNTU Base Ops
254.4000	Oceana Naval Air Station KNTU Clearance
119.6000	Oceana Naval Air Station KNTU Ground
336.4000	Oceana Naval Air Station KNTU Ground
387.4000	Oceana Naval Air Station KNTU PMSV METRO
288.3000	Oceana Naval Air Station KNTU SFA
328.4000	Oceana Naval Air Station KNTU SFA
346.4000	Oceana Naval Air Station KNTU SFA
348.7500	Oceana Naval Air Station KNTU SFA
352.1000	Oceana Naval Air Station KNTU SFA

363.1000	Oceana Naval Air Station KNTU SFA
127.0750	Oceana Naval Air Station KNTU Tower
340.2000	Oceana Naval Air Station KNTU Tower
360.2000	Oceana Naval Air Station KNTU Tower
132.8500	Orange County Airport KOMH PTC App/Dep
122.8000	Orange County Airport KOMH UNICOM
118.0750	Orange County Airport KOMH WX AWOS-3
40.1000	Quantico MCAF KNYG A2A
351.9500	Quantico MCAF KNYG A2A SFA
353.6500	Quantico MCAF KNYG A2A SFA
363.1500	Quantico MCAF KNYG A2A SFA
120.9250	Quantico MCAF KNYG A2A SFA
128.5250	Quantico MCAF KNYG App/Dep (When NYG Closed)
263.1500	Quantico MCAF KNYG ATIS
355.3000	Quantico MCAF KNYG Base Ops
143.8250	Quantico MCAF KNYG Discrete
121.7500	Quantico MCAF KNYG Ground
340.2000	Quantico MCAF KNYG Ground
340.2000	Quantico MCAF KNYG Ground
318.9000	Quantico MCAF KNYG HMX-1 Ch. 01 Base
340.1000	Quantico MCAF KNYG HMX-1 Ch. 02 MCB Quantico Ground
127.0500	Quantico MCAF KNYG HMX-1 Ch. 03 MCB Quantico Approach
360.2000	Quantico MCAF KNYG HMX-1 Ch. 04 MCB Quantico Tower
229.4000	Quantico MCAF KNYG HMX-1 Ch. 05 Reagan National Airport
257.6000	Quantico MCAF KNYG HMX-1 Ch. 06 Reagan National Airport
349.0000	Quantico MCAF KNYG HMX-1 Ch. 07 Andrews Air Force Base Tower
275.8000	Quantico MCAF KNYG HMX-1 Ch. 08 Andrews Air Force Base Ground
231.3000	Quantico MCAF KNYG HMX-1 Ch. 09 Pentagon Army Heliport Tower
375.0000	Quantico MCAF KNYG HMX-1 Ch. 10 Navy Heliport Anacostia

344.6000	Quantico MCAF KNYG HMX-1 Ch. 11 Andrews Air Force Base Metro
335.5000	Quantico MCAF KNYG HMX-1 Ch. 12 Andrews Air Force Base Radar
378.1000	Quantico MCAF KNYG HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post
267.6000	Quantico MCAF KNYG HMX-1 Ch. 14 National Naval Medical Center (Bethesda)
277.1750	Quantico MCAF KNYG HMX-1 Ch. 15 Control
273.9500	Quantico MCAF KNYG HMX-1 Ch. 16 Outside Beltway
348.6000	Quantico MCAF KNYG HMX-1 Ch. 17 Dulles International Airport Tower
290.4750	Quantico MCAF KNYG HMX-1 Ch. 18 Potomac TRACON Approach (BWI)
257.8000	Quantico MCAF KNYG HMX-1 Ch. 19 KBWI Tower
268.0000	Quantico MCAF KNYG HMX-1 Ch. 20 White House
305.8000	Quantico MCAF KNYG HMX-1 Ch. 21 Sikorsky Heliport
381.8000	Quantico MCAF KNYG HMX-1 Ch. 22 Coast Guard Air Station New York
241.0000	Quantico MCAF KNYG HMX-1 Ch. 23 FEMA Mount Weather
236.3000	Quantico MCAF KNYG HMX-1 Ch. 24 Royal Flush
290.3750	Quantico MCAF KNYG HMX-1 Ch. 25 MCB Quantico Approach
118.6000	Quantico MCAF KNYG HMX-1 Ch. 26 MCB Quantico Tower
126.3000	Quantico MCAF KNYG HMX-1 Ch. 27 Reagan National Airport Tower
134.3500	Quantico MCAF KNYG HMX-1 Ch. 28 Reagan National Airport Tower
118.4000	Quantico MCAF KNYG HMX-1 Ch. 29 Andrews Air Force Base Tower
121.8000	Quantico MCAF KNYG HMX-1 Ch. 30 Andrews Air Force Base Ground
119.3000	Quantico MCAF KNYG HMX-1 Ch. 31 Potomac TRACON ADWAR sector (KDCA)
143.1000	Quantico MCAF KNYG HMX-1 Ch. 32 Pentagon Army Heliport Tower
119.1000	Quantico MCAF KNYG HMX-1 Ch. 33 Reagan National Airport Tower
132.6500	Quantico MCAF KNYG HMX-1 Ch. 34 Reagan National Airport ATIS
142.7500	Quantico MCAF KNYG HMX-1 Ch. 35 Nighthawk
120.1000	Quantico MCAF KNYG HMX-1 Ch. 36 Dulles International Airport Tower
119.7000	Quantico MCAF KNYG HMX-1 Ch. 37 Potomac TRACON Approach (BWI)
123.0500	Quantico MCAF KNYG HMX-1 Ch. 38 Washington Hospital Center MedSTAR
126.2000	Quantico MCAF KNYG HMX-1 Ch. 39 FEMA Mount Weather

263.1500	Quantico MCAF KNYG HMX-1 Ch. 40 MCB Quantico ATIS
30.1500	Quantico MCAF KNYG HMX-1 Ch. 41 Base
41.9500	Quantico MCAF KNYG HMX-1 Ch. 42 MCB Quantico Tower
34.3500	Quantico MCAF KNYG HMX-1 Ch. 43 Navy Heliport Anacostia
38.7000	Quantico MCAF KNYG HMX-1 Ch. 44 MCB Quantico Range Control
41.0000	Quantico MCAF KNYG HMX-1 Ch. 45 Walter Reed Army Medical Center
41.1000	Quantico MCAF KNYG HMX-1 Ch. 46 Sikorsky Heliport?
355.3000	Quantico MCAF KNYG Metro Base Primary
127.0500	Quantico MCAF KNYG PTC App/Dep
290.3750	Quantico MCAF KNYG PTC App/Dep
328.4000	Quantico MCAF KNYG Range Control
118.6000	Quantico MCAF KNYG Tower
360.2000	Quantico MCAF KNYG Tower
124.6000	Richmond Executive -Chesterfield County Airport KFCI Clearance
123.0500	Richmond Executive -Chesterfield County Airport KFCI FBO Dominion Aviation Service
118.2000	Richmond Executive -Chesterfield County Airport KFCI PTC App/Dep
126.7500	Richmond Executive -Chesterfield County Airport KFCI PTC App/Dep
307.2000	Richmond Executive -Chesterfield County Airport KFCI PTC App/Dep
123.0500	Richmond Executive -Chesterfield County Airport KFCI UNICOM
128.6250	Richmond Executive -Chesterfield County Airport KFCI WX AWOS-3PT
41.5250	Richmond International Airport KRIC ArNG Ops
142.1250	Richmond International Airport KRIC ArNG Ops
365.9500	Richmond International Airport KRIC ArNG Ops
119.1500	Richmond International Airport KRIC ATIS
263.0250	Richmond International Airport KRIC ATIS
127.5500	Richmond International Airport KRIC Clearance
348.6000	Richmond International Airport KRIC Clearance
130.3000	Richmond International Airport KRIC FBO Million Air
131.4250	Richmond International Airport KRIC FBO Richmond Jet Center

121.9000	Richmond International Airport KRIC Ground
348.6000	Richmond International Airport KRIC Ground
126.4000	Richmond International Airport KRIC PTC App/Dep N-S
282.3750	Richmond International Airport KRIC PTC App/Dep N-S
126.7500	Richmond International Airport KRIC PTC App/Dep S-N
307.2000	Richmond International Airport KRIC PTC App/Dep S-N
118.2000	Richmond International Airport KRIC PTC Approach
288.2750	Richmond International Airport KRIC PTC Final
121.1000	Richmond International Airport KRIC Tower
257.8000	Richmond International Airport KRIC Tower
122.9500	Richmond International Airport KRIC UNICOM
339.8000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA App/Dep
118.1500	Roanoke-Blackburg Regional Airport/Woodrum Field KROA App/Dep N-SE
126.9000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA App/Dep SE-N
132.3750	Roanoke-Blackburg Regional Airport/Woodrum Field KROA ATIS
119.7000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Clearance
130.5750	Roanoke-Blackburg Regional Airport/Woodrum Field KROA FBO Signature Aviation
121.9000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Ground
257.8000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Ground
118.3000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Tower
257.8000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Tower
122.9500	Roanoke-Blackburg Regional Airport/Woodrum Field KROA UNICOM
127.0500	Shannon Airport KEZF NYG App/Dep
135.0750	Shannon Airport KEZF NYG GCO
128.5250	Shannon Airport KEZF PTC App/Dep (When NYG Closed)
306.9250	Shannon Airport KEZF PTC App/Dep (When NYG Closed)
122.8000	Shannon Airport KEZF UNICOM
128.1250	Shannon Airport KEZF WX AWOS-3
118.3500	Shenandoah Valley Regional Airport KSHD Clearance

132.8500	Shenandoah Valley Regional Airport KSHD PTC App/Dep
123.0000	Shenandoah Valley Regional Airport KSHD UNICOM
124.9250	Shenandoah Valley Regional Airport KSHD WX AWOS-3
135.0000	Smith Mountain Lake Airport W91 ROA App/Dep
122.9750	Smith Mountain Lake Airport W91 UNICOM
127.0500	Stafford Regional Airport KRMN NYG App/Dep
135.0750	Stafford Regional Airport KRMN NYG GCO
128.5250	Stafford Regional Airport KRMN PTC App/Dep (When NYG Closed)
306.9250	Stafford Regional Airport KRMN PTC App/Dep (When NYG Closed)
122.7250	Stafford Regional Airport KRMN UNICOM
126.3250	Stafford Regional Airport KRMN WX AWOS-3
127.9000	Suffolk Executive Airport KSFQ ORF App/Dep
122.7000	Suffolk Executive Airport KSFQ UNICOM
119.3750	Suffolk Executive Airport KSFQ WX AWOS-3
121.0000	Tangier Island Airport KTGI NHK App/Dep
127.2000	Tangier Island Airport KTGI PTC App/Dep (When NHK Closed)
281.4750	Tangier Island Airport KTGI PTC App/Dep (When NHK Closed)
122.8000	Tangier Island Airport KTGI UNICOM
119.8000	Tangier Island Airport KTGI WX AWOS-3
126.4000	Tappahannock/Essex County Airport KXSA PTC App/Dep
122.8000	Tappahannock/Essex County Airport KXSA UNICOM
125.7750	Tappahannock/Essex County Airport KXSA wx awos-3
127.8500	Tazewell County Airport KJFZ ATL App/Dep
269.3000	Tazewell County Airport KJFZ ATL App/Dep
135.0750	Tazewell County Airport KJFZ ATL GCO
123.0500	Tazewell County Airport KJFZ UNICOM
118.0750	Tazewell County Airport KJFZ WX AWOS-3
126.7500	Tri Cities Executive Dinwiddie County Airport KPTB PTC App/Dep
307.2000	Tri Cities Executive Dinwiddie County Airport KPTB PTC App/Dep

135.0700	Tri Cities Executive Dinwiddie County Airport KPTB PTC GCO
122.7000	Tri Cities Executive Dinwiddie County Airport KPTB UNICOM
133.3250	Tri Cities Executive Dinwiddie County Airport KPTB WX AWOS-3
126.0000	Twin County Airport KHLX ROA App/Dep
122.8000	Twin County Airport KHLX UNICOM
118.3750	Twin County Airport KHLX WX AWOS-3
127.8500	Virginia Highlands Airport KVJI ATL App/Dep (When TRI Closed)
269.3000	Virginia Highlands Airport KVJI ATL App/Dep (When TRI Closed)
125.2500	Virginia Highlands Airport KVJI TRI App/Dep
122.8000	Virginia Highlands Airport KVJI UNICOM
128.1250	Virginia Highlands Airport KVJI WX AWOS-3
124.8500	Virginia Tech/Montgomery Executive Airport KBCB ROA App/Dep
126.9000	Virginia Tech/Montgomery Executive Airport KBCB ROA App/Dep
123.0500	Virginia Tech/Montgomery Executive Airport KBCB UNICOM
133.3250	Virginia Tech/Montgomery Executive Airport KBCB WX AWOS-3
127.9000	Wakefield Municipal Airport KAKQ ORF App/Dep
122.8000	Wakefield Municipal Airport KAKQ UNICOM
128.3250	Wakefield Municipal Airport KAKQ WX ASOS
128.5250	Warrenton/Fauquier Airport KHWY PTC App/Dep
122.7000	Warrenton/Fauquier Airport KHWY UNICOM
120.3500	Warrenton/Fauquier Airport KHWY WX AWOS-3
122.8000	William Tuck Airport W78 UNICOM
119.4250	William Tuck Airport W78 WX AWOS-3
124.0500	William Tuck Airport W78 ZDC App/Dep
352.0000	William Tuck Airport W78 ZDC App/Dep
119.4500	Williamsburg/Jamestown Airport KJGG ORF App/Dep
135.0750	Williamsburg/Jamestown Airport KJGG ORF GCO
122.8000	Williamsburg/Jamestown Airport KJGG UNICOM
120.6250	Williamsburg/Jamestown Airport KJGG WX AWOS-3

126.1500	Winchester Regional Airport KOKV Clearance
120.4500	Winchester Regional Airport KOKV PTC App/Dep
122.9750	Winchester Regional Airport KOKV UNICOM
124.8500	Winchester Regional Airport KOKV WX AWOS-3

Commonwealth of Virginia

Accomack County Airport KMFV

Frequency	Usage
122.8000	UNICOM
118.1750	WX AWOS-3
127.9500	NHK App/Dep
127.0000	PCT App/Dep (When NHK Closed)
281.4750	PCT App/Dep (When NHK Closed)

Allan Perkinson/Blackstone Army Air Field KBKT

Frequency	Usage
134.7000	Tower
292.7000	Tower
127.6250	Ground
34.1000	Range Control
36.1000	Range Control
119.2250	ATIS
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Blue Ridge Airport KMTV

Frequency	Usage
122.7000	UNICOM
122.7000	FBO Blue Ridge
118.4500	WX AWOS-3
124.3500	GSO App/Dep
124.8500	GSO App/Dep

Bridgewater Air Park KVBW

Frequency	Usage
122.7000	UNICOM
119.5500	WX AWOS-3
132.8500	PCT App/Dep

Brookneal/Campbell County Airport 0V4

Frequency	Usage
122.7000	UNICOM
120.5750	WX AWOS-3
125.4750	ROA App/Dep E
135.0000	ROA App/Dep W

Brunswick County Airport KLVV

Frequency	Usage
122.8000	UNICOM
119.6250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Campbell Field Airport 9VG

Frequency	Usage
122.9000	UNICOM

Charlottesville-Albemarle Airport KCHO

Frequency	Usage
124.5000	Tower
338.2750	Tower
122.9500	UNICOM

121.9000	Ground
338.2750	Ground
129.6250	FBO Signature Aviation
118.4250	ATIS
120.5250	PCT App/Dep
132.8500	PCT App/Dep

Chase City Municipal Airport KCXE

Frequency	Usage
122.9000	UNICOM
121.2250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Chesapeake Regional Airport KCPK

Frequency	Usage
123.0750	UNICOM
123.6750	WX AWOS-3
123.0750	FBO Horizon Aviation Services
118.9000	ORF App/Dep
125.2000	ORF App/Dep
135.0750	ORF GCO

Crewe Municipal Airport W81

Frequency	Usage
122.8000	UNICOM
119.0500	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Culpeper Regional Airport KCJR

Frequency	Usage
123.0750	UNICOM
121.6000	Clearance
119.3250	WX AWOS-3
128.5250	PCT App/Dep

Danville Regional Airport KDAN

Frequency	Usage
123.0500	UNICOM
123.0500	FBO AU Aviation
128.1250	WX ASOS
124.0500	ZDC App/Dep
352.0000	ZDC App/Dep

Davison Army Air Field KDAA

Frequency	Usage
124.2750	Tower
229.4000	Tower
241.0000	Tower
121.9000	Ground
351.8000	Ground
52.7500	VArNG Ops
34.1000	Ops
139.4000	PTD
351.8000	Clearance
128.1750	ATIS
118.8500	ASR/PAR

119.9500	ASR/PAR
248.5000	ASR/PAR
265.6000	ASR/PAR
118.9500	PCT App/Dep
124.7000	PCT App/Dep

Eagle's Nest Airport W13

Frequency	Usage
132.8500	PCT App/Dep
123.0500	UNICOM
118.6250	WX AWOS-3PT

Emporia-Greenville Regional Airport KEMV

Frequency	Usage
123.0000	UNICOM
124.1750	WX AWOS-3
132.0250	ZDC App/Dep
290.4250	ZDC App/Dep

Falwell Airport W24

Frequency	Usage
123.0000	UNICOM
125.4750	ROA App/Dep E
135.0000	ROA App/Dep W

Farmville Regional Airport KFBV

Frequency	Usage
122.8000	UNICOM
132.7250	WX AWOS-3

135.0000	ROA App/Dep
254.3200	ROA App/Dep

Felker Army Air Field KFAF

Frequency	Usage
126.3000	Tower
269.2500	Tower
121.3500	Ground
229.4000	Ground
38.7000	Ops
40.3500	Ops
142.2000	Ops
255.7000	Ops
38.4000	Advisory
134.1000	PMSV METRO
134.1000	Base Ops
125.7000	ORF App/Dep

Franklin Regional Airport KFKN

Frequency	Usage
122.8000	UNICOM
124.6750	WX AWOS-3PT
127.9000	ORF App/Dep

Front Royal-Warren County Airport KFRR

Frequency	Usage
123.0000	UNICOM
121.8500	WX AWOS-3
120.4500	PCT App/Dep

Gordonsville Municipal Airport KGVE

Frequency	Usage
123.0000	UNICOM
120.2250	WX AWOS-3
122.1000	JYO App/Dep (Receive)
115.6000	JYO App/Dep (Transmit)
132.8500	PCT App/Dep

Hampton Roads Executive Airport KPVG

Frequency	Usage
122.7250	UNICOM
118.3750	WX AWOS-3PT
118.9000	ORF App/Dep
125.2000	ORF App/Dep

Hanover County Municipal Airport KOFP

Frequency	Usage
122.7000	UNICOM
122.7000	FBO HOVA Flight Services
125.4000	Clearance
119.0250	WX ASOS
118.2000	PCT App/Dep
307.2000	PCT App/Dep
126.4000	PCT App/Dep N-S
126.7500	PCT App/Dep S-N

Hummel Field Airport W75

Frequency	Usage
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123.0000	UNICOM
118.4500	WX AWOS-3
126.0500	ORF App/Dep

Ingalls Field Airport KHSP

Frequency	Usage
123.0000	UNICOM
118.8000	WX AWOS-3
134.4000	ZDC App/Dep
353.9000	ZDC App/Dep

Joint Base Langley-Eustis

Frequency	Usage
125.0000	Tower
236.6000	Tower
253.5000	Tower
121.7000	Ground
275.8000	Ground
253.2000	Big Eye Blue Discrete
351.0000	Bull Operations
335.9500	Darkstar E3B Discrete
357.1000	Iron Operations
123.3750	NASA Ops
310.4000	NASA Ops
376.2000	PTD
287.4500	Raymond 16
384.7000	SOF
239.8000	PMSV METRO
271.8000	Weather

317.8000	1st FW A2A
319.3250	1st FW A2A
225.6500	1st FW A2A
228.1750	1st FW A2A
228.4500	1st FW A2A
233.5250	1st FW A2A
236.0250	1st FW A2A
238.8250	1st FW A2A
252.7750	1st FW A2A
254.2000	1st FW A2A
257.0750	1st FW A2A
262.0250	1st FW A2A
276.6750	1st FW A2A
285.1500	1st FW A2A
296.2000	1st FW A2A
315.8500	1st FW A2A
358.8500	1st FW A2A
359.2250	1st FW A2A
360.1500	1st FW A2A
363.9000	1st FW A2A
381.1000	1st FW A2A
381.8000	1st FW A2A
383.9000	1st FW A2A
389.1000	1st FW A2A
251.2500	1st FW Command Post
344.8000	1st FW Command Post
141.7500	1st FW Dispatch
142.3000	1st FW PTD
383.2000	1st FW SOF

364.1250	1st FW SPAD Ops
341.8000	1st FW/27th FS Ops
118.8500	Clearance
257.6250	Clearance
270.1000	ATIS
120.3000	Radar
127.6000	Radar
284.0000	Radar
295.7000	Radar
390.8000	Radar
122.9000	Approach
395.0000	Approach
271.3000	Departure
126.0500	ORF App/Dep NE-E
124.9000	ORF App/Dep NW-NE
125.7000	ORF App/Dep NW-NE
127.9000	ORF App/Dep S-NW

Lake Anna Airport 7W4

Frequency	Usage
122.9000	UNICOM
120.7750	WX AWOS-3
126.7500	PCT App/Dep
307.2000	PCT App/Dep

Lake County Regional Airport W63

Frequency	Usage
122.9000	UNICOM
118.2250	WX AWOS-3

118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Lee County Airport 0VG

Frequency	Usage
122.9000	UNICOM
120.1250	WX AWOS-3
127.5500	ATL App/Dep
269.5000	ATL App/Dep

Leesburg Executive Airport KJYO

Frequency	Usage
127.5000	Tower (0900-1900)
122.9750	UNICOM
120.5000	Ground (0900-1900)
131.2000	FBO Kuhn Jet Center
118.5500	Clearance
125.2250	WX AWOS-3
125.0500	PCT App/Dep

Lonesome Pine Airport KLNP

Frequency	Usage
123.0000	UNICOM
118.6000	WX AWOS-3
126.5750	IND App/Dep
257.8500	IND App/Dep

Louisa County Airport/Freeman Field KLUU

Frequency	Usage
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122.9750	UNICOM
119.4750	WX AWOS-3
120.5250	PCT App/Dep
132.8500	PCT App/Dep

Lunenburg County Airport W31

Frequency	Usage
122.7000	UNICOM
123.8750	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Luray Caverns Airport KLUA

Frequency	Usage
122.8000	UNICOM
118.2750	WX AWOS-3
133.2000	ZDC App/Dep
282.2000	ZDC App/Dep

Lynchburg Regional Airport/Preston Glenn Field KLYH

Frequency	Usage
127.6500	Tower (0630-2230)
257.8000	Tower (0630-2230)
122.9500	UNICOM
121.9000	Ground (0630-2230)
122.9500	FBO Freedom Aviation
119.8000	ATIS
125.4750	ROA App/Dep E
135.0000	ROA App/Dep W

Mecklenburg-Brunswick Regional Airport KAVC

Frequency	Usage
122.8000	UNICOM
127.5250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Middle Peninsula Regional Airport KFYJ

Frequency	Usage
123.0000	UNICOM
132.8250	WX AWOS-3
126.4000	PCT App/Dep
126.7500	PCT App/Dep

Mountain Empire Airport KMKJ

Frequency	Usage
122.7000	UNICOM
123.8750	WX AWOS-3
127.8500	ATL App/Dep
269.3000	ATL App/Dep

New Kent County Airport W96

Frequency	Usage
122.8000	UNICOM
119.8750	WX AWOS-3
126.4000	PCT App/Dep

New London Airport W90

Frequency	Usage
122.8000	UNICOM
135.0000	ROA App/Dep

New Market Airport 8W2

Frequency	Usage
122.8000	UNICOM
118.1750	WX AWOS-3
133.2000	ZDC App/Dep
282.2000	ZDC App/Dep

New River Valley Airport KPSK

Frequency	Usage
122.7000	UNICOM
121.7000	Clearance
127.3750	WX AWOS-3
126.0000	ROA App/Dep

Newport News/Williamsburg International Airport KPHF

Frequency	Usage
118.7000	Tower
257.9000	Tower
348.6000	Tower
122.9500	UNICOM
121.9000	Ground
345.6000	Ground
122.9500	FBO Atlantic Aviation
122.9500	FBO Rick Aviation
121.6500	Clearance

225.4000	Clearance
128.6500	ATIS
125.7000	ORF Approach
124.9000	ORF Departure

Norfolk International Airport KORF

Frequency	Usage
120.8000	Tower
257.8000	Tower
121.9000	Ground
130.5750	FBO Signature Aviation
130.4750	Southwestern Airlines
118.5000	Clearance
127.1500	ATIS
119.6000	Radar
124.8250	Radar
266.8000	Radar
288.3000	Radar
126.0500	App/Dep
127.9000	App/Dep
360.6000	App/Dep
370.9250	App/Dep
118.9000	Approach
335.6250	Approach
353.7000	Approach
125.2000	Departure
363.1250	Departure
379.1000	Departure

Norfolk Naval Station KNGU

Frequency	Usage
124.3000	Tower
126.3750	Tower
257.9750	Tower
290.5000	Tower
379.1500	Tower
279.6000	Helicopter Tower
297.5000	Helicopter Tower
121.8000	Ground
298.9500	Ground
370.8500	Ground
298.9500	Helicopter Ground
130.6500	AMC/ATOC
349.5000	AMC/ATOC
126.2000	Base Ops
131.5250	Base Ops
268.8000	Base Ops/VIP Notification
271.6000	PMSV METRO
120.7000	Clearance
339.8000	Clearance
118.4250	ATIS
338.2250	ATIS
335.6250	Approach/Departure
118.9000	ORF Approach NE-NW
125.7000	ORF Approach NW-NE
125.7000	ORF Departure NW-NE
119.2000	RADAR
120.2000	RADAR

134.1000	Radar
263.6000	Radar
279.5250	Radar
302.0000	Radar
309.2000	Radar
322.5250	Radar
335.8000	Radar
346.8000	Radar

Oceana Naval Air Station KNTU

Frequency	Usage
127.0750	Tower
340.2000	Tower
360.2000	Tower
119.6000	Ground
336.4000	Ground
284.9000	Base Ops
289.4000	Base Ops
387.4000	PMSV METRO
254.4000	Clearance
317.6000	ATIS
288.3000	SFA
328.4000	SFA
346.4000	SFA
348.7500	SFA
352.1000	SFA
363.1000	SFA
123.9000	App/Dep
266.8000	App/Dep

Orange County Airport KOMH

Frequency	Usage
122.8000	UNICOM
118.0750	WX AWOS-3
132.8500	PCT App/Dep

Quantico Marine Corps Air Field KNYG

Frequency	Usage
118.6000	Tower
360.2000	Tower
121.7500	Ground
340.2000	Ground
340.2000	Ground
318.9000	HMX-1 Ch. 01 Base
340.1000	HMX-1 Ch. 02 MCB Quantico Ground
127.0500	HMX-1 Ch. 03 MCB Quantico Approach
360.2000	HMX-1 Ch. 04 MCB Quantico Tower
229.4000	HMX-1 Ch. 05 Reagan National Airport
257.6000	HMX-1 Ch. 06 Reagan National Airport
349.0000	HMX-1 Ch. 07 Andrews Air Force Base Tower
275.8000	HMX-1 Ch. 08 Andrews Air Force Base Ground
231.3000	HMX-1 Ch. 09 Pentagon Army Heliport Tower
375.0000	HMX-1 Ch. 10 Navy Heliport Anacostia
344.6000	HMX-1 Ch. 11 Andrews Air Force Base Metro
335.5000	HMX-1 Ch. 12 Andrews Air Force Base Radar
378.1000	HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post
267.6000	HMX-1 Ch. 14 National Naval Medical Center (Bethesda)
277.1750	HMX-1 Ch. 15 Control

273.9500	HMX-1 Ch. 16 Outside Beltway
348.6000	HMX-1 Ch. 17 Dulles International Airport Tower
290.4750	HMX-1 Ch. 18 Potomac TRACON Approach (BWI)
257.8000	HMX-1 Ch. 19 KBWI Tower
268.0000	HMX-1 Ch. 20 White House
305.8000	HMX-1 Ch. 21 Sikorsky Heliport
381.8000	HMX-1 Ch. 22 Coast Guard Air Station New York
241.0000	HMX-1 Ch. 23 FEMA Mount Weather
236.3000	HMX-1 Ch. 24 Royal Flush
290.3750	HMX-1 Ch. 25 MCB Quantico Approach
118.6000	HMX-1 Ch. 26 MCB Quantico Tower
126.3000	HMX-1 Ch. 27 Reagan National Airport Tower
134.3500	HMX-1 Ch. 28 Reagan National Airport Tower
118.4000	HMX-1 Ch. 29 Andrews Air Force Base Tower
121.8000	HMX-1 Ch. 30 Andrews Air Force Base Ground
119.3000	HMX-1 Ch. 31 Potomac TRACON ADWAR sector (KDCA)
143.1000	HMX-1 Ch. 32 Pentagon Army Heliport Tower
119.1000	HMX-1 Ch. 33 Reagan National Airport Tower
132.6500	HMX-1 Ch. 34 Reagan National Airport ATIS
142.7500	HMX-1 Ch. 35 Nighthawk
120.1000	HMX-1 Ch. 36 Dulles International Airport Tower
119.7000	HMX-1 Ch. 37 Potomac TRACON Approach (KBWI)
123.0500	HMX-1 Ch. 38 Washington Hospital Center MedSTAR
126.2000	HMX-1 Ch. 39 FEMA Mount Weather
263.1500	HMX-1 Ch. 40 MCB Quantico ATIS
30.1500	HMX-1 Ch. 41 Base
41.9500	HMX-1 Ch. 42 MCB Quantico Tower
34.3500	HMX-1 Ch. 43 Navy Heliport Anacostia
38.7000	HMX-1 Ch. 44 MCB Quantico Range Control

41.0000	HMX-1 Ch. 45 Walter Reed Army Medical Center
41.1000	HMX-1 Ch. 46 Sikorsky Heliport
40.1000	A2A
351.9500	A2A SFA
353.6500	A2A SFA
363.1500	A2A SFA
120.9250	A2A SFA
355.3000	Base Ops
355.3000	Metro Base Primary
143.8250	Discrete
328.4000	Range Control
263.1500	ATIS
127.0500	PCT App/Dep
290.3750	PCT App/Dep
128.5250	App/Dep (When NYG Closed)

Richmond Executive-Chesterfield County Airport KFCI

Frequency	Usage
123.0500	UNICOM
128.6250	WX AWOS-3PT
123.0500	FBO Dominion Aviation Service
124.6000	Clearance
118.2000	PCT App/Dep
126.7500	PCT App/Dep
307.2000	PCT App/Dep

Richmond International Airport KRIC

Frequency	Usage
121.1000	Tower

257.8000	Tower
122.9500	UNICOM
121.9000	Ground
348.6000	Ground
130.3000	FBO Million Air
131.4250	FBO Richmond Jet Center
41.5250	ArNG Ops
142.1250	ArNG Ops
365.9500	ArNG Ops
127.5500	Clearance
348.6000	Clearance
119.1500	ATIS
263.0250	ATIS
126.4000	PCT App/Dep N-S
282.3750	PCT App/Dep N-S
126.7500	PCT App/Dep S-N
307.2000	PCT App/Dep S-N
118.2000	PCT Approach
288.2750	PCT Final

Roanoke-Blackburg Regional Airport/Woodrum Field KROA

Frequency	Usage
118.3000	Tower
257.8000	Tower
121.9000	Ground
257.8000	Ground
122.9500	UNICOM
130.5750	FBO Signature Aviation
119.7000	Clearance

132.3750	ATIS
339.8000	App/Dep
118.1500	App/Dep N-SE
126.9000	App/Dep SE-N

Shannon Airport KEZF

Frequency	Usage
122.8000	UNICOM
128.1250	WX AWOS-3
127.0500	NYG App/Dep
135.0750	NYG GCO
128.5250	PCT App/Dep (When NYG Closed)
306.9250	PCT App/Dep (When NYG Closed)

Shenandoah Valley Regional Airport KSHD

Frequency	Usage
123.0000	UNICOM
118.3500	Clearance
124.9250	WX AWOS-3
132.8500	PCT App/Dep

Smith Mountain Lake Airport W91

Frequency	Usage
122.9750	UNICOM
135.0000	ROA App/Dep

Stafford Regional Airport KRMN

Frequency	Usage
122.7250	UNICOM

126.3250	WX AWOS-3
127.0500	NYG App/Dep
135.0750	NYG GCO
128.5250	PCT App/Dep (When NYG Closed)
306.9250	PCT App/Dep (When NYG Closed)

Suffolk Executive Airport KSFQ

Frequency	Usage
122.7000	UNICOM
119.3750	WX AWOS-3
127.9000	ORF App/Dep

Tangier Island Airport KTGI

Frequency	Usage
122.8000	UNICOM
119.8000	WX AWOS-3
121.0000	NHK App/Dep
127.2000	PCT App/Dep (When NHK Closed)
281.4750	PCT App/Dep (When NHK Closed)

Tappahannock/Essex County Airport KXSA

Frequency	Usage
122.8000	UNICOM
125.7750	WX AWOS-3
126.4000	PCT App/Dep

Tazewell County Airport KJFZ

Frequency	Usage
123.0500	UNICOM

118.0750	WX AWOS-3
127.8500	ATL App/Dep
269.3000	ATL App/Dep
135.0750	ATL GCO

Tri Cities Executive/Dinwiddie County Airport KPTB

Frequency	Usage
122.7000	UNICOM
133.3250	WX AWOS-3
126.7500	PCT App/Dep
307.2000	PCT App/Dep
135.0700	PCT GCO

Twin County Airport KHLX

Frequency	Usage
122.8000	UNICOM
118.3750	WX AWOS-3
126.0000	ROA App/Dep

Virginia Highlands Airport KVJI

Frequency	Usage
122.8000	UNICOM
128.1250	WX AWOS-3
125.2500	TRI App/Dep
127.8500	ATL App/Dep (When TRI Closed)
269.3000	ATL App/Dep (When TRI Closed)

Virginia Tech/Montgomery Executive Airport KBCB

Frequency	Usage
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123.0500	UNICOM
133.3250	WX AWOS-3
124.8500	ROA App/Dep
126.9000	ROA App/Dep

Wakefield Municipal Airport KAKQ

Frequency	Usage
122.8000	UNICOM
128.3250	WX ASOS
127.9000	ORF App/Dep

Warrenton/Fauquier Airport KHWY

Frequency	Usage
122.7000	UNICOM
120.3500	WX AWOS-3
128.5250	PCT App/Dep

William Tuck Airport W78

Frequency	Usage
122.8000	UNICOM
119.4250	WX AWOS-3
124.0500	ZDC App/Dep
352.0000	ZDC App/Dep

Williamsburg/Jamestown Airport KJGG

Frequency	Usage
122.8000	UNICOM
120.6250	WX AWOS-3
119.4500	ORF App/Dep

135.0750	ORF GCO
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Winchester Regional Airport KOKV

Frequency	Usage
122.9750	UNICOM
124.8500	WX AWOS-3
126.1500	Clearance
120.4500	PCT App/Dep

Commonwealth of Virginia

VHF Low Band 30-88 MHz

Frequency	Usage
30.1500	Quantico MCAF KNYG HMX-1 Ch. 41 Base
34.1000	Allan Perkinson/Blackstone Army Air Field KBKT Range Control
34.1000	Davison AAF KDAA Ops
34.3500	Quantico MCAF KNYG HMX-1 Ch. 43 Navy Heliport Anacostia
36.1000	Allan Perkinson/Blackstone Army Air Field KBKT Range Control
38.4000	Felker Army Air Field KFAF Advisory
38.7000	Felker Army Air Field KFAF Ops
38.7000	Quantico MCAF KNYG HMX-1 Ch. 44 MCB Quantico Range Control
40.1000	Quantico MCAF KNYG A2A
40.3500	Felker Army Air Field KFAF Ops
41.0000	Quantico MCAF KNYG HMX-1 Ch. 45 Walter Reed Army Medical Center
41.1000	Quantico MCAF KNYG HMX-1 Ch. 46 Sikorsky Heliport?
41.5250	Richmond International Airport KRIC ArNG Ops
41.9500	Quantico MCAF KNYG HMX-1 Ch. 42 MCB Quantico Tower
52.7500	Davison AAF KDAA VArNG Ops

VHF High Band 118-144/148-150.775 MHz

Frequency	Usage
115.6000	Gordonsville Municipal Airport KGVE JYO App/Dep (Transmit)
118.0750	Orange County Airport KOMH WX AWOS-3
118.0750	Tazewell County Airport KJFZ WX AWOS-3
118.1500	Roanoke-Blackburg Regional Airport/Woodrum Field KROA App/Dep N-SE
118.1750	Accomack County Airport KMFV WX AWOS-3
118.1750	New Market Airport 8W2 WX AWOS-3
118.2000	Hanover County Municipal Airport KOFP PTC App/Dep

118.2000	Richmond Executive -Chesterfield County Airport KFCI PTC App/Dep
118.2000	Richmond International Airport KRIC PTC Approach
118.2250	Lake County Regional Airport W63 WX AWOS-3
118.2750	Luray Caverns Airport KLUA WX AWOS-3
118.3000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Tower
118.3500	Shenandoah Valley Regional Airport KSHD Clearance
118.3750	Hampton Roads Executive Airport KPVG WX AWOS-3PT
118.3750	Twin County Airport KHLX WX AWOS-3
118.4000	Quantico MCAF KNYG HMX-1 Ch. 29 Andrews Air Force Base Tower
118.4250	Charlottesville-Albemarle Airport KCHO ATIS
118.4250	Norfolk Naval Station KNGU ATIS
118.4500	Blue Ridge Airport KMTV WX AWOS-3
118.4500	Hummel Field Airport W75 WX AWOS-3
118.5000	Norfolk International Airport KORF Clearance
118.5500	Leesburg Executive Airport KJYO Clearance
118.6000	Lonesome Pin Airport KLNP WX AWOS-3
118.6000	Quantico MCAF KNYG HMX-1 Ch. 26 MCB Quantico Tower
118.6000	Quantico MCAF KNYG Tower
118.6250	Eagle's Next Airport W13 WX AWOS-3PT
118.7000	Newport News/Williamsburg International Airport KPHF Tower
118.7500	Allan Perkinson/Blackstone Army Air Field KBKT ZDC App/Dep
118.7500	Brunswick County Airport KLVV ZDC App/Dep
118.7500	Chase City Municipal Airport KCXE ZDC App/Dep
118.7500	Crewe Municipal Airport W81 ZDC App/Dep
118.7500	Lake County Regional Airport W63 ZDC App/Dep
118.7500	Lunenburg County Airport W31 ZDC App/Dep
118.7500	Mecklenburg-Brunswick Regional Airport KAVC ZDC App/Dep
118.8000	Ingalls Field Airport KHSP WX AWOS-3
118.8500	Davison AAF KDAA ASR/PAR

118.8500	Joint Base Langley-Eustis KLFI Clearance
118.9000	Chesapeake Regional Airport KCPK ORF App/Dep
118.9000	Hampton Roads Executive Airport KPVG ORF App/Dep
118.9000	Norfolk International Airport KORF Approach
118.9000	Norfolk Naval Station KNGU ORF Approach NE-NW
118.9500	Davison AAF KDAA POT App/Dep
119.0250	Hanover County Municipal Airport KOFP WX ASOS
119.0500	Crewe Municipal Airport W81 WX AWOS-3
119.1000	Quantico MCAF KNYG HMX-1 Ch. 33 Reagan National Airport Tower
119.1500	Richmond International Airport KRIC ATIS
119.2000	Norfolk Naval Station KNGU RADAR
119.2250	Allan Perkinson/Blackstone Army Air Field KBKT ATIS
119.3000	Quantico MCAF KNYG HMX-1 Ch. 31 Potomac TRACON ADWAR sector (Reagan National)
119.3250	Culpeper Regional Airport KCJR WX AWOS-3
119.3750	Suffolk Executive Airport KSFQ WX AWOS-3
119.4250	William Tuck Airport W78 WX AWOS-3
119.4500	Williamsburg/Jamestown Airport KJGG ORF App/Dep
119.4750	Louisa County Airport/Freeman Field KLUK WX AWOS-3
119.5500	Bridgewater Air Park KVBW WX AWOS-3
119.6000	Norfolk International Airport KORF Radar
119.6000	Oceana Naval Air Station KNTU Ground
119.6250	Brunswick County Airport KLVV WX AWOS-3
119.7000	Quantico MCAF KNYG HMX-1 Ch. 37 Potomac TRACON Approach (BWI)
119.7000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Clearance
119.8000	Lynchburg Regional Airport/Preston Glenn Field KLYH ATIS
119.8000	Tangier Island Airport KTGI WX AWOS-3
119.8750	New Kent County Airport W96 WX AWOS-3
119.9500	Davison AAF KDAA ASR/PAR
120.1000	Quantico MCAF KNYG HMX-1 Ch. 36 Dulles International Airport Tower

120.1250	Lee County Airport OVG WX AWOS-3
120.2000	Norfolk Naval Station KNGU RADAR
120.2250	Gordonsville Municipal Airport KGVE WX AWOS-3
120.3000	Joint Base Langley-Eustis KLFI Radar
120.3500	Warrenton/Fauquier Airport KHWY WX AWOS-3
120.4500	Front Royal-Warren County Airport KFRR PTC App/Dep
120.4500	Winchester Regional Airport KOKV PTC App/Dep
120.5000	Leesburg Executive Airport KJYO Ground (0900-1900)
120.5250	Charlottesville-Albemarle Airport KCHO PTC App/Dep
120.5250	Louisa County Airport/Freeman Field KLUK PTC App/Dep
120.5750	Brookneal/Campbell County Airport OV4 WX AWOS-3
120.6250	Williamsburg/Jamestown Airport KJGG WX AWOS-3
120.7000	Norfolk Naval Station KNGU Clearance
120.7750	Lake Anna Airport 7W4 WX AWOS-3
120.8000	Norfolk International Airport KORF Tower
120.9250	Quantico MCAF KNYG A2A SFA
121.0000	Tangier Island Airport KTGI NHK App/Dep
121.1000	Richmond International Airport KRIC Tower
121.2250	Chase City Municipal Airport KCXE WX AWOS-3
121.3500	Felker Army Air Field KFAF Ground
121.6000	Culpeper Regional Airport KCJR Clearance
121.6500	Newport News/Williamsburg International Airport KPHF Clearance
121.7000	Joint Base Langley-Eustis KLFI Ground
121.7000	New River Valley Airport KPSK Clearance
121.7500	Quantico MCAF KNYG Ground
121.8000	Norfolk Naval Station KNGU Ground
121.8000	Quantico MCAF KNYG HMX-1 Ch. 30 Andrews Air Force Base Ground
121.8500	Front Royal-Warren County Airport KFRR WX AWOS-3
121.9000	Charlottesville-Albemarle Airport KCHO Ground

121.9000	Davison AAF KDAA Ground
121.9000	Lynchburg Regional Airport/Preston Glenn Field KLYH Ground (0630-2230)
121.9000	Newport News/Williamsburg International Airport KPHF Ground
121.9000	Norfolk International Airport KORF Ground
121.9000	Richmond International Airport KRIC Ground
121.9000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Ground
122.1000	Gordonsville Municipal Airport KGVE JYO App/Dep (Receive)
122.7000	Blue Ridge Airport KMTV FBO Blue Ridge
122.7000	Blue Ridge Airport KMTV UNICOM
122.7000	Bridgewater Air Park KVBW UNICOM
122.7000	Brookneal/Campbell County Airport 0V4 UNICOM
122.7000	Hanover County Municipal Airport KOFP FBO HOVA Flight Services
122.7000	Hanover County Municipal Airport KOFP UNICOM
122.7000	Lunenburg County Airport W31 UNICOM
122.7000	Mountain Empire Airport KMKJ UNICOM
122.7000	New River Valley Airport KPSK UNICOM
122.7000	Suffolk Executive Airport KSFQ UNICOM
122.7000	Tri Cities Executive Dinwiddie County Airport KPTB UNICOM
122.7000	Warrenton/Fauquier Airport KHWY UNICOM
122.7250	Hampton Roads Executive Airport KPVG UNICOM
122.7250	Stafford Regional Airport KRMN UNICOM
122.8000	Accomack County Airport KMFV UNICOM
122.8000	Brunswick County Airport KLVV UNICOM
122.8000	Crewe Municipal Airport W81 UNICOM
122.8000	Farmville Regional Airport KVVX UNICOM
122.8000	Franklin Regional Airport KFKN UNICOM
122.8000	Luray Caverns Airport KLUA UNICOM
122.8000	Mecklenburg-Brunswick Regional Airport KAVC UNICOM
122.8000	New Kent County Airport W96 UNICOM

122.8000	New London Airport W90 UNICOM
122.8000	New Market Airport 8W2 UNICOM
122.8000	Orange County Airport KOMH UNICOM
122.8000	Shannon Airport KEZF UNICOM
122.8000	Tangier Island Airport KTGI UNICOM
122.8000	Tappahannock/Essex County Airport KXSA UNICOM
122.8000	Twin County Airport KHLX UNICOM
122.8000	Virginia Highlands Airport KVJI UNICOM
122.8000	Wakefield Municipal Airport KAKQ UNICOM
122.8000	William Tuck Airport W78 UNICOM
122.8000	Williamsburg/Jamestown Airport KJGG UNICOM
122.9000	Campbell Field Airport 9VG UNICOM
122.9000	Chase City Municipal Airport KCXE UNICOM
122.9000	Joint Base Langley-Eustis KLFI Approach
122.9000	Lake Anna Airport 7W4 UNICOM
122.9000	Lake County Regional Airport W63 UNICOM
122.9000	Lee County Airport 0VG UNICOM
122.9500	Charlottesville-Albemarle Airport KCHO UNICOM
122.9500	Lynchburg Regional Airport/Preston Glenn Field KLYH FBO Freedom Aviation
122.9500	Lynchburg Regional Airport/Preston Glenn Field KLYH UNICOM
122.9500	Newport News/Williamsburg International Airport KPHF FBO Atlantic Aviation
122.9500	Newport News/Williamsburg International Airport KPHF FBO Rick Aviation
122.9500	Newport News/Williamsburg International Airport KPHF UNICOM
122.9500	Richmond International Airport KRIC UNICOM
122.9500	Roanoke-Blackburg Regional Airport/Woodrum Field KROA UNICOM
122.9750	Leesburg Executive Airport KJYO UNICOM
122.9750	Louisa County Airport/Freeman Field KLUK UNICOM
122.9750	Smith Mountain Lake Airport W91 UNICOM
122.9750	Winchester Regional Airport KOKV UNICOM

123.0000	Emporia-Greenville Regional Airport KEMV UNICOM
123.0000	Falwell Airport W24 UNICOM
123.0000	Front Royal-Warren County Airport KFRR UNICOM
123.0000	Gordonsville Municipal Airport KGVE UNICOM
123.0000	Hummel Field Airport W75 UNICOM
123.0000	Ingalls Field Airport KHSP UNICOM
123.0000	Lonesome Pin Airport KLNP UNICOM
123.0000	Middle Peninsula Regional Airport KFYJ UNICOM
123.0000	Shenandoah Valley Regional Airport KSHD UNICOM
123.0500	Danville Regional Airport KDAN FBO AU Aviation
123.0500	Danville Regional Airport KDAN UNICOM
123.0500	Eagle's Next Airport W13 UNICOM
123.0500	Quantico MCAF KNYG HMX-1 Ch. 38 Washington Hospital Center MedSTAR
123.0500	Richmond Executive -Chesterfield County Airport KFCI FBO Dominion Aviation Service
123.0500	Richmond Executive -Chesterfield County Airport KFCI UNICOM
123.0500	Tazewell County Airport KJFZ UNICOM
123.0500	Virginia Tech/Montgomery Executive Airport KBCB UNICOM
123.0750	Chesapeake Regional Airport KCPK FBO Horizon Aviation Services
123.0750	Chesapeake Regional Airport KCPK UNICOM
123.0750	Culpeper Regional Airport KCJR UNICOM
123.3750	Joint Base Langley-Eustis KLFI NASA Ops
123.6750	Chesapeake Regional Airport KCPK WX AWOS-3
123.8750	Lunenburg County Airport W31 WX AWOS-3
123.8750	Mountain Empire Airport KMKJ WX AWOS-3
123.9000	Oceana Naval Air Station KNTU App/Dep
124.0500	Danville Regional Airport KDAN ZDC App/Dep
124.0500	William Tuck Airport W78 ZDC App/Dep
124.1750	Emporia-Greenville Regional Airport KEMV WX AWOS-3
124.2750	Davison AAF KDAA Tower

124.3000	Norfolk Naval Station KNGU Tower
124.3500	Blue Ridge Airport KMTV GSO App/Dep
124.5000	Charlottesville-Albemarle Airport KCHO Tower
124.6000	Richmond Executive -Chesterfield County Airport KFCI Clearance
124.6750	Franklin Regional Airport KFKN WX AWOS-3PT
124.7000	Davison AAF KDAA POT App/Dep
124.8250	Norfolk International Airport KORF Radar
124.8500	Blue Ridge Airport KMTV GSO App/Dep
124.8500	Virginia Tech/Montgomery Executive Airport KBCB ROA App/Dep
124.8500	Winchester Regional Airport KOKV WX AWOS-3
124.9000	Joint Base Langley-Eustis KLFI ORF App/Dep NW-NE
124.9000	Newport News/Williamsburg International Airport KPHF ORF Departure
124.9250	Shenandoah Valley Regional Airport KSHD WX AWOS-3
125.0000	Joint Base Langley-Eustis KLFI Tower
125.0500	Leesburg Executive Airport KJYO PTC App/Dep
125.2000	Chesapeake Regional Airport KCPK ORF App/Dep
125.2000	Hampton Roads Executive Airport KPVG ORF App/Dep
125.2000	Norfolk International Airport KORF Departure
125.2250	Leesburg Executive Airport KJYO WX AWOS-3
125.2500	Virginia Highlands Airport KVJI TRI App/Dep
125.4000	Hanover County Municipal Airport KOFP Clearance
125.4750	Brookneal/Campbell County Airport OV4 ROA App/Dep E
125.4750	Falwell Airport W24 ROA App/Dep E
125.4750	Lynchburg Regional Airport/Preston Glenn Field KLYH ROA App/Dep E
125.7000	Felker Army Air Field KFAF ORF App/Dep
125.7000	Joint Base Langley-Eustis KLFI ORF App/Dep NW-NE
125.7000	Newport News/Williamsburg International Airport KPHF ORF Approach
125.7000	Norfolk Naval Station KNGU ORF Approach NW-NE
125.7000	Norfolk Naval Station KNGU ORF Departure NW-NE

125.7750	Tappahannock/Essex County Airport KXSA wx awos-3
126.0000	New River Valley Airport KPSK ROA App/Dep
126.0000	Twin County Airport KHLX ROA App/Dep
126.0500	Hummel Field Airport W75 ORF App/Dep
126.0500	Joint Base Langley-Eustis KLFJ ORF App/Dep NE-E
126.0500	Norfolk International Airport KORF App/Dep
126.1500	Winchester Regional Airport KOKV Clearance
126.2000	Norfolk Naval Station KNGU Base Ops
126.2000	Quantico MCAF KNYG HMX-1 Ch. 39 FEMA Mount Weather
126.3000	Felker Army Air Field KFAF Tower
126.3000	Quantico MCAF KNYG HMX-1 Ch. 27 Reagan National Airport Tower
126.3250	Stafford Regional Airport KRMN WX AWOS-3
126.3750	Norfolk Naval Station KNGU Tower
126.4000	Hanover County Municipal Airport KOFP PTC App/Dep N-S
126.4000	Middle Peninsula Regional Airport KFYJ PTC App/Dep
126.4000	New Kent County Airport W96 PTC App/Dep
126.4000	Richmond International Airport KRIC PTC App/Dep N-S
126.4000	Tappahannock/Essex County Airport KXSA PTC App/Dep
126.5750	Lonesome Pin Airport KLNP IND App/Dep
126.7500	Hanover County Municipal Airport KOFP PTC App/Dep S-N
126.7500	Lake Anna Airport 7W4 PTC App/Dep
126.7500	Middle Peninsula Regional Airport KFYJ PTC App/Dep
126.7500	Richmond Executive -Chesterfield County Airport KFCI PTC App/Dep
126.7500	Richmond International Airport KRIC PTC App/Dep S-N
126.7500	Tri Cities Executive Dinwiddie County Airport KPTB PTC App/Dep
126.9000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA App/Dep SE-N
126.9000	Virginia Tech/Montgomery Executive Airport KBCB ROA App/Dep
127.0000	Accomack County Airport KMFV PTC App/Dep (When NHK Closed)
127.0500	Quantico MCAF KNYG HMX-1 Ch. 03 MCB Quantico Approach

127.0500	Quantico MCAF KNYG PTC App/Dep
127.0500	Shannon Airport KEZF NYG App/Dep
127.0500	Stafford Regional Airport KRMN NYG App/Dep
127.0750	Oceana Naval Air Station KNTU Tower
127.1500	Norfolk International Airport KORF ATIS
127.2000	Tangier Island Airport KTGI PTC App/Dep (When NHK Closed)
127.3750	New River Valley Airport KPSK WX AWOS-3
127.5000	Leesburg Executive Airport KJYO Tower (0900-1900)
127.5250	Mecklenburg-Brunswick Regional Airport KAVC WX AWOS-3
127.5500	Lee County Airport OVG ATL App/Dep
127.5500	Richmond International Airport KRIC Clearance
127.6000	Joint Base Langley-Eustis KLFI Radar
127.6250	Allan Perkinson/Blackstone Army Air Field KBKT Ground
127.6500	Lynchburg Regional Airport/Preston Glenn Field KLYH Tower (0630-2230)
127.8500	Mountain Empire Airport KMKJ ATL App/Dep
127.8500	Tazewell County Airport KJFZ ATL App/Dep
127.8500	Virginia Highlands Airport KVJI ATL App/Dep (When TRI Closed)
127.9000	Franklin Regional Airport KFKN ORF App/Dep
127.9000	Joint Base Langley-Eustis KLFI ORF App/Dep S-NW
127.9000	Norfolk International Airport KORF App/Dep
127.9000	Suffolk Executive Airport KSFQ ORF App/Dep
127.9000	Wakefield Municipal Airport KAKQ ORF App/Dep
127.9500	Accomack County Airport KMFV NHK App/Dep
128.1250	Danville Regional Airport KDAN WX ASOS
128.1250	Shannon Airport KEZF WX AWOS-3
128.1250	Virginia Highlands Airport KVJI WX AWOS-3
128.1750	Davison AAF KDAA ATIS
128.3250	Wakefield Municipal Airport KAKQ WX ASOS
128.5250	Culpeper Regional Airport KCJR PTC App/Dep

128.5250	Quantico MCAF KNYG App/Dep (When NYG Closed)
128.5250	Shannon Airport KEZF PTC App/Dep (When NYG Closed)
128.5250	Stafford Regional Airport KRMN PTC App/Dep (When NYG Closed)
128.5250	Warrenton/Fauquier Airport KHWY PTC App/Dep
128.6250	Richmond Executive -Chesterfield County Airport KFCI WX AWOS-3PT
128.6500	Newport News/Williamsburg International Airport KPHF ATIS
129.6250	Charlottesville-Albemarle Airport KCHO FBO Signature Aviation
130.3000	Richmond International Airport KRIC FBO Million Air
130.4750	Norfolk International Airport KORF Southwestern Airlines
130.5750	Norfolk International Airport KORF FBO Signature Aviation
130.5750	Roanoke-Blackburg Regional Airport/Woodrum Field KROA FBO Signature Aviation
130.6500	Norfolk Naval Station KNGU AMC/ATOC
131.2000	Leesburg Executive Airport KJYO FBO Kuhn Jet Center
131.4250	Richmond International Airport KRIC FBO Richmond Jet Center
131.5250	Norfolk Naval Station KNGU Base Ops
132.0250	Emporia-Greenville Regional Airport KEMV ZDC App/Dep
132.3750	Roanoke-Blackburg Regional Airport/Woodrum Field KROA ATIS
132.6500	Quantico MCAF KNYG HMX-1 Ch. 34 Reagan National Airport ATIS
132.7250	Farmville Regional Airport KVVX WX AWOS-3
132.8250	Middle Peninsula Regional Airport KFYJ WX AWOS-3
132.8500	Bridgewater Air Park KVBW PTC App/Dep
132.8500	Charlottesville-Albemarle Airport KCHO PTC App/Dep
132.8500	Eagle's Next Airport W13 PTC App/Dep
132.8500	Gordonsville Municipal Airport KGVE PTC App/Dep
132.8500	Louisa County Airport/Freeman Field KLUK PTC App/Dep
132.8500	Orange County Airport KOMH PTC App/Dep
132.8500	Shenandoah Valley Regional Airport KSHD PTC App/Dep
133.2000	Luray Caverns Airport KLUA ZDC App/Dep
133.2000	New Market Airport 8W2 ZDC App/Dep

133.3250	Tri Cities Executive Dinwiddie County Airport KPTB WX AWOS-3
133.3250	Virginia Tech/Montgomery Executive Airport KBCB WX AWOS-3
134.1000	Felker Army Air Field KFAF Base Ops
134.1000	Felker Army Air Field KFAF PMSV METRO
134.1000	Norfolk Naval Station KNGU Radar
134.3500	Quantico MCAF KNYG HMX-1 Ch. 28 Reagan National Airport Tower
134.4000	Ingalls Field Airport KHSP ZDC App/Dep
134.7000	Allan Perkinson/Blackstone Army Air Field KBKT Tower
135.0000	Brookneal/Campbell County Airport OV4 ROA App/Dep W
135.0000	Falwell Airport W24 ROA App/Dep W
135.0000	Farmville Regional Airport KFBX ROA App/Dep
135.0000	Lynchburg Regional Airport/Preston Glenn Field KLYH ROA App/Dep W
135.0000	New London Airport W90 ROA App/Dep
135.0000	Smith Mountain Lake Airport W91 ROA App/Dep
135.0700	Tri Cities Executive Dinwiddie County Airport KPTB PTC GCO
135.0750	Chesapeake Regional Airport KCPK ORF GCO
135.0750	Shannon Airport KEZF NYG GCO
135.0750	Stafford Regional Airport KRMN NYG GCO
135.0750	Tazewell County Airport KJFZ ATL GCO
135.0750	Williamsburg/Jamestown Airport KJGG ORF GCO
139.4000	Davison AAF KDAA PTD
141.7500	Joint Base Langley-Eustis KLFI 1st FW Dispatch
142.1250	Richmond International Airport KRIC ArNG Ops
142.2000	Felker Army Air Field KFAF Ops
142.3000	Joint Base Langley-Eustis KLFI 1st FW PTD
142.7500	Quantico MCAF KNYG HMX-1 Ch. 35 Nighthawk
143.1000	Quantico MCAF KNYG HMX-1 Ch. 32 Pentagon Army Heliport Tower
143.8250	Quantico MCAF KNYG Discrete

UHF Band 225-400 MHz

Frequency	Usage
225.4000	Newport News/Williamsburg International Airport KPHF Clearance
225.6500	Joint Base Langley-Eustis KLFI 1st FW A2A
228.1750	Joint Base Langley-Eustis KLFI 1st FW A2A
228.4500	Joint Base Langley-Eustis KLFI 1st FW A2A
229.4000	Davison AAF KDAA Tower
229.4000	Felker Army Air Field KFAF Ground
229.4000	Quantico MCAF KNYG HMX-1 Ch. 05 Reagan National Airport
231.3000	Quantico MCAF KNYG HMX-1 Ch. 09 Pentagon Army Heliport Tower
233.5250	Joint Base Langley-Eustis KLFI 1st FW A2A
236.0250	Joint Base Langley-Eustis KLFI 1st FW A2A
236.3000	Quantico MCAF KNYG HMX-1 Ch. 24 Royal Flush
236.6000	Joint Base Langley-Eustis KLFI Tower
238.8250	Joint Base Langley-Eustis KLFI 1st FW A2A
239.8000	Joint Base Langley-Eustis KLFI PMSV METRO
241.0000	Davison AAF KDAA Tower
241.0000	Quantico MCAF KNYG HMX-1 Ch. 23 FEMA Mount Weather
248.5000	Davison AAF KDAA ASR/PAR
251.2500	Joint Base Langley-Eustis KLFI 1st FW Command Post
252.7750	Joint Base Langley-Eustis KLFI 1st FW A2A
253.2000	Joint Base Langley-Eustis KLFI Big Eye Blue Discrete
253.5000	Joint Base Langley-Eustis KLFI Tower
254.2000	Joint Base Langley-Eustis KLFI 1st FW A2A
254.3200	Farmville Regional Airport KFVX ROA App/Dep
254.4000	Oceana Naval Air Station KNTU Clearance
255.7000	Felker Army Air Field KFAF Ops
257.0750	Joint Base Langley-Eustis KLFI 1st FW A2A
257.6000	Quantico MCAF KNYG HMX-1 Ch. 06 Reagan National Airport

257.6250	Joint Base Langley-Eustis KLFI Clearance Delivery
257.8000	Lynchburg Regional Airport/Preston Glenn Field KLYH Tower (0630-2230)
257.8000	Norfolk International Airport KORF Tower
257.8000	Quantico MCAF KNYG HMX-1 Ch. 19 KBWI Tower
257.8000	Richmond International Airport KRIC Tower
257.8000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Ground
257.8000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA Tower
257.8500	Lonesome Pin Airport KLNP IND App/Dep
257.9000	Newport News/Williamsburg International Airport KPHF Tower
257.9750	Norfolk Naval Station KNGU Tower
262.0250	Joint Base Langley-Eustis KLFI 1st FW A2A
263.0250	Richmond International Airport KRIC ATIS
263.1500	Quantico MCAF KNYG ATIS
263.1500	Quantico MCAF KNYG HMX-1 Ch. 40 MCB Quantico ATIS
263.6000	Norfolk Naval Station KNGU Radar
265.6000	Davison AAF KDAA ASR/PAR
266.8000	Norfolk International Airport KORF Radar
266.8000	Oceana Naval Air Station KNTU App/Dep
267.6000	Quantico MCAF KNYG HMX-1 Ch. 14 National Naval Medical Center (Bethesda)
268.0000	Quantico MCAF KNYG HMX-1 Ch. 20 White House
268.8000	Norfolk Naval Station KNGU Base Ops/VIP Notification
269.2500	Felker Army Air Field KFAF Tower
269.3000	Mountain Empire Airport KMKJ ATL App/Dep
269.3000	Tazewell County Airport KJFZ ATL App/Dep
269.3000	Virginia Highlands Airport KVJI ATL App/Dep (When TRI Closed)
269.5000	Lee County Airport OVG ATL App/Dep
270.1000	Joint Base Langley-Eustis KLFI ATIS
271.3000	Joint Base Langley-Eustis KLFI Departure
271.6000	Norfolk Naval Station KNGU PMSV METRO

271.8000	Joint Base Langley-Eustis KLFI Weather
273.9500	Quantico MCAF KNYG HMX-1 Ch. 16 Outside Beltway
275.8000	Joint Base Langley-Eustis KLFI Ground
275.8000	Quantico MCAF KNYG HMX-1 Ch. 08 Andrews Air Force Base Ground
276.6750	Joint Base Langley-Eustis KLFI 1st FW A2A
277.1750	Quantico MCAF KNYG HMX-1 Ch. 15 Control
279.5250	Norfolk Naval Station KNGU Radar
279.6000	Norfolk Naval Station KNGU Helicopter Tower
281.4750	Accomack County Airport KMFV PTC App/Dep (When NHK Closed)
281.4750	Tangier Island Airport KTGI PTC App/Dep (When NHK Closed)
282.2000	Luray Caverns Airport KLUA ZDC App/Dep
282.2000	New Market Airport 8W2 ZDC App/Dep
282.3750	Richmond International Airport KRIC PTC App/Dep N-S
284.0000	Joint Base Langley-Eustis KLFI Radar
284.9000	Oceana Naval Air Station KNTU Base Ops
285.1500	Joint Base Langley-Eustis KLFI 1st FW A2A
287.4500	Joint Base Langley-Eustis KLFI Raymond 16
288.2750	Richmond International Airport KRIC PTC Final
288.3000	Norfolk International Airport KORF Radar
288.3000	Oceana Naval Air Station KNTU SFA
289.4000	Oceana Naval Air Station KNTU Base Ops
290.3750	Quantico MCAF KNYG HMX-1 Ch. 25 MCB Quantico Approach
290.3750	Quantico MCAF KNYG PTC App/Dep
290.4250	Emporia-Greenville Regional Airport KEMV ZDC App/Dep
290.4750	Quantico MCAF KNYG HMX-1 Ch. 18 Potomac TRACON Approach (BWI)
290.5000	Norfolk Naval Station KNGU Tower
292.7000	Allan Perkinson/Blackstone Army Air Field KBKT Tower
295.7000	Joint Base Langley-Eustis KLFI Radar
296.2000	Joint Base Langley-Eustis KLFI 1st FW A2A

297.5000	Norfolk Naval Station KNGU Helicopter Tower
298.9500	Norfolk Naval Station KNGU Ground
298.9500	Norfolk Naval Station KNGU Helicopter Ground
302.0000	Norfolk Naval Station KNGU Radar
305.8000	Quantico MCAF KNYG HMX-1 Ch. 21 Sikorsky Heliport
306.9250	Shannon Airport KEZF PTC App/Dep (When NYG Closed)
306.9250	Stafford Regional Airport KRMN PTC App/Dep (When NYG Closed)
307.2000	Hanover County Municipal Airport KOFP PTC App/Dep
307.2000	Lake Anna Airport 7W4 PTC App/Dep
307.2000	Richmond Executive -Chesterfield County Airport KFCI PTC App/Dep
307.2000	Richmond International Airport KRIC PTC App/Dep S-N
307.2000	Tri Cities Executive Dinwiddie County Airport KPTB PTC App/Dep
309.2000	Norfolk Naval Station KNGU Radar
310.4000	Joint Base Langley-Eustis KLFI NASA Ops
315.8500	Joint Base Langley-Eustis KLFI 1st FW A2A
317.6000	Oceana Naval Air Station KNTU ATIS
317.8000	Joint Base Langley-Eustis A2A 1st FW
318.9000	Quantico MCAF KNYG HMX-1 Ch. 01 Base
319.3250	Joint Base Langley-Eustis A2A 1st FW
322.5250	Norfolk Naval Station KNGU Radar
328.4000	Oceana Naval Air Station KNTU SFA
328.4000	Quantico MCAF KNYG Range Control
335.5000	Quantico MCAF KNYG HMX-1 Ch. 12 Andrews Air Force Base Radar
335.6250	Norfolk International Airport KORF Approach
335.6250	Norfolk Naval Station KNGU Approach/Departure
335.8000	Norfolk Naval Station KNGU Radar
335.9500	Joint Base Langley-Eustis KLFI Darkstar E3B Discrete
336.4000	Oceana Naval Air Station KNTU Ground
338.2250	Norfolk Naval Station KNGU ATIS

338.2750	Charlottesville-Albemarle Airport KCHO Ground
338.2750	Charlottesville-Albemarle Airport KCHO Tower
339.8000	Norfolk Naval Station KNGU Clearance
339.8000	Roanoke-Blackburg Regional Airport/Woodrum Field KROA App/Dep
340.1000	Quantico MCAF KNYG HMX-1 Ch. 02 MCB Quantico Ground
340.2000	Oceana Naval Air Station KNTU Tower
340.2000	Quantico MCAF KNYG Ground
340.2000	Quantico MCAF KNYG Ground
341.8000	Joint Base Langley-Eustis KLFI 1st FW/27th FS Ops
344.6000	Quantico MCAF KNYG HMX-1 Ch. 11 Andrews Air Force Base Metro
344.8000	Joint Base Langley-Eustis KLFI Command Post
345.6000	Newport News/Williamsburg International Airport KPHF Ground
346.4000	Oceana Naval Air Station KNTU SFA
346.8000	Norfolk Naval Station KNGU Radar
348.6000	Newport News/Williamsburg International Airport KPHF Tower
348.6000	Quantico MCAF KNYG HMX-1 Ch. 17 Dulles International Airport Tower
348.6000	Richmond International Airport KRIC Clearance
348.6000	Richmond International Airport KRIC Ground
348.7500	Oceana Naval Air Station KNTU SFA
349.0000	Quantico MCAF KNYG HMX-1 Ch. 07 Andrews Air Force Base Tower
349.5000	Norfolk Naval Station KNGU AMC/ATOC
351.0000	Joint Base Langley-Eustis KLFI Bull Operations
351.8000	Davison AAF KDAA Clearance
351.8000	Davison AAF KDAA Ground
351.9500	Quantico MCAF KNYG A2A SFA
352.0000	Danville Regional Airport KDAN ZDC App/Dep
352.0000	William Tuck Airport W78 ZDC App/Dep
352.1000	Oceana Naval Air Station KNTU SFA
353.6500	Quantico MCAF KNYG A2A SFA

353.7000	Norfolk International Airport KORF Approach
353.9000	Ingalls Field Airport KHSP ZDC App/Dep
355.3000	Quantico MCAF KNYG Base Ops
355.3000	Quantico MCAF KNYG Metro Base Primary
357.1000	Joint Base Langley-Eustis KLFI Iron Operations
358.8500	Joint Base Langley-Eustis KLFI 1st FW A2A
359.2250	Joint Base Langley-Eustis KLFI 1st FW A2A
360.1500	Joint Base Langley-Eustis KLFI 1st FW A2A
360.2000	Oceana Naval Air Station KNTU Tower
360.2000	Quantico MCAF KNYG HMX-1 Ch. 04 MCB Quantico Tower
360.2000	Quantico MCAF KNYG Tower
360.6000	Norfolk International Airport KORF App/Dep
363.1000	Oceana Naval Air Station KNTU SFA
363.1250	Norfolk International Airport KORF Departure
363.1500	Quantico MCAF KNYG A2A SFA
363.9000	Joint Base Langley-Eustis KLFI 1st FW A2A
364.1250	Joint Base Langley-Eustis KLFI 1st FW SPAD Ops
365.9500	Richmond International Airport KRIC ArNG Ops
370.8500	Norfolk Naval Station KNGU Ground
370.9250	Norfolk International Airport KORF App/Dep
375.0000	Quantico MCAF KNYG HMX-1 Ch. 10 Navy Heliport Anacostia
376.2000	Joint Base Langley-Eustis KLFI PTD
377.1000	Allan Perkinson/Blackstone Army Air Field KBKT ZDC App/Dep
377.1000	Brunswick County Airport KLVV ZDC App/Dep
377.1000	Chase City Municipal Airport KCXE ZDC App/Dep
377.1000	Crewe Municipal Airport W81 ZDC App/Dep
377.1000	Lake County Regional Airport W63 ZDC App/Dep
377.1000	Lunenburg County Airport W31 ZDC App/Dep
377.1000	Mecklenburg-Brunswick Regional Airport KAVC ZDC App/Dep

378.1000	Quantico MCAF KNYG HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post
379.1000	Norfolk International Airport KORF Departure
379.1500	Norfolk Naval Station KNGU Tower
381.1000	Joint Base Langley-Eustis KLFI 1st FW A2A
381.8000	Joint Base Langley-Eustis KLFI 1st FW A2A
381.8000	Quantico MCAF KNYG HMX-1 Ch. 22 Coast Guard Air Station New York
383.2000	Joint Base Langley-Eustis KLFI 1st FW SOF
383.9000	Joint Base Langley-Eustis KLFI 1st FW A2A
384.7000	Joint Base Langley-Eustis KLFI SOF
387.4000	Oceana Naval Air Station KNTU PMSV METRO
389.1000	Joint Base Langley-Eustis KLFI 1st FW A2A
390.8000	Joint Base Langley-Eustis KLFI Radar
395.0000	Joint Base Langley-Eustis KLFI Approach

Commonwealth of Virginia

Abingdon

Virginia Highlands Airport KVJI

Frequency	Usage
122.8000	UNICOM
128.1250	WX AWOS-3
125.2500	TRI App/Dep
127.8500	ATL App/Dep (When TRI Closed)
269.3000	ATL App/Dep (When TRI Closed)

Blacksburg

Virginia Tech/Montgomery Executive Airport KBCB

Frequency	Usage
123.0500	UNICOM
133.3250	WX AWOS-3
124.8500	ROA App/Dep
126.9000	ROA App/Dep

Bridgewater

Bridgewater Air Park KVBW

Frequency	Usage
122.7000	UNICOM
119.5500	WX AWOS-3
132.8500	PCT App/Dep

Brookneal

Brookneal/Campbell County Airport 0V4

Frequency	Usage
122.7000	UNICOM
120.5750	WX AWOS-3
125.4750	ROA App/Dep E
135.0000	ROA App/Dep W

Blackstone

Allan Perkinson/Blackstone Army Air Field KBKT

Frequency	Usage
134.7000	Tower
292.7000	Tower
127.6250	Ground
34.1000	Range Control
36.1000	Range Control
119.2250	ATIS
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Bumpass

Lake Anna Airport 7W4

Frequency	Usage
122.9000	UNICOM
120.7750	WX AWOS-3
126.7500	PCT App/Dep
307.2000	PCT App/Dep

Charlottesville

Charlottesville-Albemarle Airport KCHO

Frequency	Usage
124.5000	Tower
338.2750	Tower
122.9500	UNICOM
121.9000	Ground
338.2750	Ground
129.6250	FBO Signature Aviation
118.4250	ATIS
120.5250	PCT App/Dep
132.8500	PCT App/Dep

Chase City

Chase City Municipal Airport KCXE

Frequency	Usage
122.9000	UNICOM
121.2250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Clarksville

Lake County Regional Airport W63

Frequency	Usage
122.9000	UNICOM
118.2250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Crewe

Crewe Municipal Airport W81

Frequency	Usage
122.8000	UNICOM
119.0500	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Culpeper

Culpeper Regional Airport KCJR

Frequency	Usage
123.0750	UNICOM
121.6000	Clearance
119.3250	WX AWOS-3
128.5250	PCT App/Dep

Danville

Danville Regional Airport KDAN

Frequency	Usage
123.0500	UNICOM
123.0500	FBO AU Aviation
128.1250	WX ASOS
124.0500	ZDC App/Dep
352.0000	ZDC App/Dep

Dublin

New River Valley Airport KPSK

Frequency	Usage
122.7000	UNICOM

127.3750	WX AWOS-3
121.7000	Clearance
126.0000	ROA App/Dep

Emporia

Emporia-Greenville Regional Airport KEMV

Frequency	Usage
123.0000	UNICOM
124.1750	WX AWOS-3
132.0250	ZDC App/Dep
290.4250	ZDC App/Dep

Farmville

Farmville Regional Airport KFVX

Frequency	Usage
122.8000	UNICOM
132.7250	WX AWOS-3
135.0000	ROA App/Dep
254.3200	ROA App/Dep

Forest

New London Airport W90

Frequency	Usage
122.8000	UNICOM
135.0000	ROA App/Dep

Fort Belvoir

Davison Army Air Field KDAA

Frequency	Usage
124.2750	Tower
229.4000	Tower
241.0000	Tower
121.9000	Ground
351.8000	Ground
52.7500	VArNG Ops
34.1000	Ops
139.4000	PTD
351.8000	Clearance
128.1750	ATIS
118.8500	ASR/PAR
119.9500	ASR/PAR
248.5000	ASR/PAR
265.6000	ASR/PAR
118.9500	PCT App/Dep
124.7000	PCT App/Dep

Fort Eustis

Felker Army Air Field KFAF

Frequency	Usage
126.3000	Tower
269.2500	Tower
121.3500	Ground
229.4000	Ground
38.7000	Ops
40.3500	Ops
142.2000	Ops
255.7000	Ops

38.4000	Advisory
134.1000	PMSV METRO
134.1000	Base Ops
125.7000	ORF App/Dep

Franklin

Franklin Regional Airport KFKN

Frequency	Usage
122.8000	UNICOM
124.6750	WX AWOS-3PT
127.9000	ORF App/Dep

Fredericksburg

Shannon Airport KEZF

Frequency	Usage
122.8000	UNICOM
128.1250	WX AWOS-3
127.0500	NYG App/Dep
135.0750	NYG GCO
128.5250	PCT App/Dep (When NYG Closed)
306.9250	PCT App/Dep (When NYG Closed)

Front Royal

Front Royal-Warren County Airport KFRR

Frequency	Usage
123.0000	UNICOM
121.8500	WX AWOS-3
120.4500	PCT App/Dep

Galax Hillsville

Twin County Airport KHLX

Frequency	Usage
122.8000	UNICOM
118.3750	WX AWOS-3
126.0000	ROA App/Dep

Gordonsville

Gordonsville Municipal Airport KGVE

Frequency	Usage
123.0000	UNICOM
120.2250	WX AWOS-3
122.1000	JYO App/Dep (Receive)
115.6000	JYO App/Dep (Transmit)
132.8500	PCT App/Dep

Hampton

Joint Base Langley-Eustis

Frequency	Usage
125.0000	Tower
236.6000	Tower
253.5000	Tower
121.7000	Ground
275.8000	Ground
253.2000	Big Eye Blue Discrete
351.0000	Bull Operations
335.9500	Darkstar E3B Discrete

357.1000	Iron Operations
123.3750	NASA Ops
310.4000	NASA Ops
376.2000	PTD
287.4500	Raymond 16
384.7000	SOF
239.8000	PMSV METRO
271.8000	Weather
317.8000	1st FW A2A
319.3250	1st FW A2A
225.6500	1st FW A2A
228.1750	1st FW A2A
228.4500	1st FW A2A
233.5250	1st FW A2A
236.0250	1st FW A2A
238.8250	1st FW A2A
252.7750	1st FW A2A
254.2000	1st FW A2A
257.0750	1st FW A2A
262.0250	1st FW A2A
276.6750	1st FW A2A
285.1500	1st FW A2A
296.2000	1st FW A2A
315.8500	1st FW A2A
358.8500	1st FW A2A
359.2250	1st FW A2A
360.1500	1st FW A2A
363.9000	1st FW A2A
381.1000	1st FW A2A

381.8000	1st FW A2A
383.9000	1st FW A2A
389.1000	1st FW A2A
251.2500	1st FW Command Post
344.8000	1st FW Command Post
141.7500	1st FW Dispatch
142.3000	1st FW PTD
383.2000	1st FW SOF
364.1250	1st FW SPAD Ops
341.8000	1st FW/27th FS Ops
118.8500	Clearance
257.6250	Clearance
270.1000	ATIS
120.3000	Radar
127.6000	Radar
284.0000	Radar
295.7000	Radar
390.8000	Radar
122.9000	Approach
395.0000	Approach
271.3000	Departure
126.0500	ORF App/Dep NE-E
124.9000	ORF App/Dep NW-NE
125.7000	ORF App/Dep NW-NE
127.9000	ORF App/Dep S-NW

Hot Springs

Ingalls Field Airport KHSP

Frequency	Usage
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123.0000	UNICOM
118.8000	WX AWOS-3
134.4000	ZDC App/Dep
353.9000	ZDC App/Dep

Jonesville

Lee County Airport 0VG

Frequency	Usage
122.9000	UNICOM
120.1250	WX AWOS-3
127.5500	ATL App/Dep
269.5000	ATL App/Dep

Kenbridge

Lunenburg County Airport W31

Frequency	Usage
122.7000	UNICOM
123.8750	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Lawrenceville

Brunswick County Airport KLVL

Frequency	Usage
122.8000	UNICOM
119.6250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Leesburg

Leesburg Executive Airport KJYO

Frequency	Usage
127.5000	Tower (0900-1900)
122.9750	UNICOM
120.5000	Ground (0900-1900)
131.2000	FBO Kuhn Jet Center
118.5500	Clearance
125.2250	WX AWOS-3
125.0500	PCT App/Dep

Louisa

Louisa County Airport/Freeman Field KLUU

Frequency	Usage
122.9750	UNICOM
119.4750	WX AWOS-3
120.5250	PCT App/Dep
132.8500	PCT App/Dep

Luray

Luray Caverns Airport KLUA

Frequency	Usage
122.8000	UNICOM
118.2750	WX AWOS-3
133.2000	ZDC App/Dep
282.2000	ZDC App/Dep

Lynchburg

Falwell Airport W24

Frequency	Usage
123.0000	UNICOM
125.4750	ROA App/Dep E
135.0000	ROA App/Dep W

Lynchburg

Lynchburg Regional Airport/Preston Glenn Field KLYH

Frequency	Usage
127.6500	Tower (0630-2230)
257.8000	Tower (0630-2230)
122.9500	UNICOM
121.9000	Ground (0630-2230)
122.9500	FBO Freedom Aviation
119.8000	ATIS
125.4750	ROA App/Dep E
135.0000	ROA App/Dep W

Marion

Mountain Empire Airport KMKJ

Frequency	Usage
122.7000	UNICOM
123.8750	WX AWOS-3
127.8500	ATL App/Dep
269.3000	ATL App/Dep

Martinsville

Blue Ridge Airport KMTV

Frequency	Usage
122.7000	UNICOM
122.7000	FBO Blue Ridge
118.4500	WX AWOS-3
124.3500	GSO App/Dep
124.8500	GSO App/Dep

Melfa

Accomack County Airport KMFV

122.8000	UNICOM
118.1750	WX AWOS-3
127.9500	NHK App/Dep
127.0000	PCT App/Dep (When NHK Closed)
281.4750	PCT App/Dep (When NHK Closed)

Moneta

Smith Mountain Lake Airport W91

Frequency	Usage
122.9750	UNICOM
135.0000	ROA App/Dep

New Market

New Market Airport 8W2

Frequency	Usage
122.8000	UNICOM
118.1750	WX AWOS-3
133.2000	ZDC App/Dep

282.2000	ZDC App/Dep
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Newport News

Newport News/Williamsburg International Airport KPHF

Frequency	Usage
118.7000	Tower
257.9000	Tower
348.6000	Tower
122.9500	UNICOM
121.9000	Ground
345.6000	Ground
122.9500	FBO Atlantic Aviation
122.9500	FBO Rick Aviation
121.6500	Clearance
225.4000	Clearance
128.6500	ATIS
125.7000	ORF Approach
124.9000	ORF Departure

Norfolk

Chesapeake Regional Airport KCPK

Frequency	Usage
123.0750	UNICOM
123.6750	WX AWOS-3
123.0750	FBO Horizon Aviation Services
118.9000	ORF App/Dep
125.2000	ORF App/Dep
135.0750	ORF GCO

Norfolk

Hampton Roads Executive Airport KPVG

Frequency	Usage
122.7250	UNICOM
118.3750	WX AWOS-3PT
118.9000	ORF App/Dep
125.2000	ORF App/Dep

Norfolk

Norfolk International Airport KORF

Frequency	Usage
120.8000	Tower
257.8000	Tower
121.9000	Ground
130.5750	FBO Signature Aviation
130.4750	Southwestern Airlines
118.5000	Clearance
127.1500	ATIS
119.6000	Radar
124.8250	Radar
266.8000	Radar
288.3000	Radar
126.0500	App/Dep
127.9000	App/Dep
360.6000	App/Dep
370.9250	App/Dep
118.9000	Approach
335.6250	Approach
353.7000	Approach

125.2000	Departure
363.1250	Departure
379.1000	Departure

Norfolk

Norfolk Naval Station KNGU

Frequency	Usage
124.3000	Tower
126.3750	Tower
257.9750	Tower
290.5000	Tower
379.1500	Tower
279.6000	Helicopter Tower
297.5000	Helicopter Tower
121.8000	Ground
298.9500	Ground
370.8500	Ground
298.9500	Helicopter Ground
130.6500	AMC/ATOC
349.5000	AMC/ATOC
126.2000	Base Ops
131.5250	Base Ops
268.8000	Base Ops/VIP Notification
271.6000	PMSV METRO
120.7000	Clearance
339.8000	Clearance
118.4250	ATIS
338.2250	ATIS
335.6250	Approach/Departure

118.9000	ORF Approach NE-NW
125.7000	ORF Approach NW-NE
125.7000	ORF Departure NW-NE
119.2000	RADAR
120.2000	RADAR
134.1000	Radar
263.6000	Radar
279.5250	Radar
302.0000	Radar
309.2000	Radar
322.5250	Radar
335.8000	Radar
346.8000	Radar

Orange

Orange County Airport KOMH

Frequency	Usage
122.8000	UNICOM
118.0750	WX AWOS-3
132.8500	PCT App/Dep

Petersburg

Tri Cities Executive/Dinwiddie County Airport KPTB

Frequency	Usage
122.7000	UNICOM
133.3250	WX AWOS-3
126.7500	PCT App/Dep
307.2000	PCT App/Dep
135.0700	PCT GCO

Quantico

Quantico Marine Corps Air Field KNYG

Frequency	Usage
118.6000	Tower
360.2000	Tower
121.7500	Ground
340.2000	Ground
340.2000	Ground
318.9000	HMX-1 Ch. 01 Base
340.1000	HMX-1 Ch. 02 MCB Quantico Ground
127.0500	HMX-1 Ch. 03 MCB Quantico Approach
360.2000	HMX-1 Ch. 04 MCB Quantico Tower
229.4000	HMX-1 Ch. 05 Reagan National Airport
257.6000	HMX-1 Ch. 06 Reagan National Airport
349.0000	HMX-1 Ch. 07 Andrews Air Force Base Tower
275.8000	HMX-1 Ch. 08 Andrews Air Force Base Ground
231.3000	HMX-1 Ch. 09 Pentagon Army Heliport Tower
375.0000	HMX-1 Ch. 10 Navy Heliport Anacostia
344.6000	HMX-1 Ch. 11 Andrews Air Force Base Metro
335.5000	HMX-1 Ch. 12 Andrews Air Force Base Radar
378.1000	HMX-1 Ch. 13 Andrews Air Force Base Griffin Command Post
267.6000	HMX-1 Ch. 14 National Naval Medical Center (Bethesda)
277.1750	HMX-1 Ch. 15 Control
273.9500	HMX-1 Ch. 16 Outside Beltway
348.6000	HMX-1 Ch. 17 Dulles International Airport Tower
290.4750	HMX-1 Ch. 18 Potomac TRACON Approach (BWI)
257.8000	HMX-1 Ch. 19 KBWI Tower
268.0000	HMX-1 Ch. 20 White House

305.8000	HMX-1 Ch. 21 Sikorsky Heliport
381.8000	HMX-1 Ch. 22 Coast Guard Air Station New York
241.0000	HMX-1 Ch. 23 FEMA Mount Weather
236.3000	HMX-1 Ch. 24 Royal Flush
290.3750	HMX-1 Ch. 25 MCB Quantico Approach
118.6000	HMX-1 Ch. 26 MCB Quantico Tower
126.3000	HMX-1 Ch. 27 Reagan National Airport Tower
134.3500	HMX-1 Ch. 28 Reagan National Airport Tower
118.4000	HMX-1 Ch. 29 Andrews Air Force Base Tower
121.8000	HMX-1 Ch. 30 Andrews Air Force Base Ground
119.3000	HMX-1 Ch. 31 Potomac TRACON ADWAR sector (Reagan National)
143.1000	HMX-1 Ch. 32 Pentagon Army Heliport Tower
119.1000	HMX-1 Ch. 33 Reagan National Airport Tower
132.6500	HMX-1 Ch. 34 Reagan National Airport ATIS
142.7500	HMX-1 Ch. 35 Nighthawk
120.1000	HMX-1 Ch. 36 Dulles International Airport Tower
119.7000	HMX-1 Ch. 37 Potomac TRACON Approach (BWI)
123.0500	HMX-1 Ch. 38 Washington Hospital Center MedSTAR
126.2000	HMX-1 Ch. 39 FEMA Mount Weather
263.1500	HMX-1 Ch. 40 MCB Quantico ATIS
30.1500	HMX-1 Ch. 41 Base
41.9500	HMX-1 Ch. 42 MCB Quantico Tower
34.3500	HMX-1 Ch. 43 Navy Heliport Anacostia
38.7000	HMX-1 Ch. 44 MCB Quantico Range Control
41.0000	HMX-1 Ch. 45 Walter Reed Army Medical Center
41.1000	HMX-1 Ch. 46 Sikorsky Heliport?
40.1000	A2A
351.9500	A2A SFA
353.6500	A2A SFA

363.1500	A2A SFA
120.9250	A2A SFA
355.3000	Base Ops
355.3000	Metro Base Primary
143.8250	Discrete
328.4000	Range Control
263.1500	ATIS
127.0500	PCT App/Dep
290.3750	PCT App/Dep
128.5250	App/Dep (When NYG Closed)

Quinton

New Kent County Airport W96

Frequency	Usage
122.8000	UNICOM
119.8750	WX AWOS-3
126.4000	PCT App/Dep

Richlands

Tazewell County Airport KJFZ

Frequency	Usage
123.0500	UNICOM
118.0750	WX AWOS-3
127.8500	ATL App/Dep
269.3000	ATL App/Dep
135.0750	ATL GCO

Richmond

Hanover County Municipal Airport KOFP

Frequency	Usage
122.7000	UNICOM
122.7000	FBO HOVA Flight Services
125.4000	Clearance
119.0250	WX ASOS
118.2000	PCT App/Dep
307.2000	PCT App/Dep
126.4000	PCT App/Dep N-S
126.7500	PCT App/Dep S-N

Richmond

Richmond Executive-Chesterfield County Airport KFCI

Frequency	Usage
123.0500	UNICOM
123.0500	FBO Dominion Aviation Service
124.6000	Clearance
128.6250	WX AWOS-3PT
118.2000	PCT App/Dep
126.7500	PCT App/Dep
307.2000	PCT App/Dep

Richmond

Richmond International Airport KRIC

Frequency	Usage
121.1000	Tower
257.8000	Tower
122.9500	UNICOM
121.9000	Ground

348.6000	Ground
130.3000	FBO Million Air
131.4250	FBO Richmond Jet Center
41.5250	ArNG Ops
142.1250	ArNG Ops
365.9500	ArNG Ops
127.5500	Clearance
348.6000	Clearance
119.1500	ATIS
263.0250	ATIS
126.4000	PCT App/Dep N-S
282.3750	PCT App/Dep N-S
126.7500	PCT App/Dep S-N
307.2000	PCT App/Dep S-N
118.2000	PCT Approach
288.2750	PCT Final

Roanoke

Roanoke-Blackburg Regional Airport/Woodrum Field KROA

Frequency	Usage
118.3000	Tower
257.8000	Tower
121.9000	Ground
257.8000	Ground
122.9500	UNICOM
130.5750	FBO Signature Aviation
119.7000	Clearance
132.3750	ATIS
339.8000	App/Dep

118.1500	App/Dep N-SE
126.9000	App/Dep SE-N

Saluda

Hummel Field Airport W75

Frequency	Usage
123.0000	UNICOM
118.4500	WX AWOS-3
126.0500	ORF App/Dep

South Boston

William Tuck Airport W78

Frequency	Usage
122.8000	UNICOM
119.4250	WX AWOS-3
124.0500	ZDC App/Dep
352.0000	ZDC App/Dep

South Hill

Mecklenburg-Brunswick Regional Airport KAVC

Frequency	Usage
122.8000	UNICOM
127.5250	WX AWOS-3
118.7500	ZDC App/Dep
377.1000	ZDC App/Dep

Stafford

Stafford Regional Airport KRMN

Frequency	Usage
122.7250	UNICOM
126.3250	WX AWOS-3
127.0500	NYG App/Dep
135.0750	NYG GCO
128.5250	PCT App/Dep (When NYG Closed)
306.9250	PCT App/Dep (When NYG Closed)

Suffolk

Suffolk Executive Airport KSFQ

Frequency	Usage
122.7000	UNICOM
119.3750	WX AWOS-3
127.9000	ORF App/Dep

Tangier

Tangier Island Airport KTGI

Frequency	Usage
122.8000	UNICOM
119.8000	WX AWOS-3
121.0000	NHK App/Dep
127.2000	PCT App/Dep (When NHK Closed)
281.4750	PCT App/Dep (When NHK Closed)

Tappahannock

Tappahannock/Essex County Airport KXSA

Frequency	Usage
122.8000	UNICOM

125.7750	WX AWOS-3
126.4000	PCT App/Dep

Virginia Beach

Oceana Naval Air Station KNTU

Frequency	Usage
127.0750	Tower
340.2000	Tower
360.2000	Tower
119.6000	Ground
336.4000	Ground
284.9000	Base Ops
289.4000	Base Ops
387.4000	PMSV METRO
254.4000	Clearance
317.6000	ATIS
288.3000	SFA
328.4000	SFA
346.4000	SFA
348.7500	SFA
352.1000	SFA
363.1000	SFA
123.9000	App/Dep
266.8000	App/Dep

Wakefield

Wakefield Municipal Airport KAKQ

Frequency	Usage
122.8000	UNICOM

128.3250	WX ASOS
127.9000	ORF App/Dep

Warrenton

Warrenton/Fauquier Airport KHWY

Frequency	Usage
122.7000	UNICOM
120.3500	WX AWOS-3
128.5250	PCT App/Dep

Waynesboro

Eagle's Nest Airport W13

Frequency	Usage
132.8500	PCT App/Dep
123.0500	UNICOM
118.6250	WX AWOS-3PT

Weirwood

Campbell Field Airport 9VG

Frequency	Usage
122.9000	UNICOM

West Point

Middle Peninsula Regional Airport KFYJ

Frequency	Usage
123.0000	UNICOM
132.8250	WX AWOS-3
126.4000	PCT App/Dep

126.7500	PCT App/Dep
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Weyers Cave

Shenandoah Valley Regional Airport KSHD

Frequency	Usage
123.0000	UNICOM
118.3500	Clearance
124.9250	WX AWOS-3
132.8500	PCT App/Dep

Williamsburg

Williamsburg/Jamestown Airport KJGG

Frequency	Usage
122.8000	UNICOM
120.6250	WX AWOS-3
119.4500	ORF App/Dep
135.0750	ORF GCO

Winchester

Winchester Regional Airport KOKV

Frequency	Usage
122.9750	UNICOM
126.1500	Clearance
124.8500	WX AWOS-3
120.4500	PCT App/Dep

Wise

Lonesome Pine Airport KLNP

Frequency	Usage
123.0000	UNICOM
118.6000	WX AWOS-3
126.5750	IND App/Dep
257.8500	IND App/Dep